

MARYLAND LSC SWIMMING CHAMPIONSHIPS
MARCH 4 – 7, 2010

WARM-UP LANE ASSIGNMENTS

FRIDAY PRELIMS SESSION

COMPETITION SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	ASC	SPY MSC	EST NAVY	EST	CAST BMAC	RAID CCY	CBAC CATS	SPRC CGA HUHU	NBAC	NBAC
7:15 AM – 7:45 AM	NAAC	NAAC MPSC UN	LBA	GBSA GMAC GTAC	MAS ACA	RAC	MAC	CAA	FAST	BAAC MDY
7:45 AM – 8:05 AM	OPEN	OPEN	OPEN	STARTS	STARTS	STARTS	STARTS	OPEN	OPEN	OPEN
WARMUP SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	ASC	SPY	EST	EST	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:15 AM – 7:45 AM	NAAC	NAAC	LBA	LBA	RAC	RAC	MAC	CAA	OPEN	OPEN
7:45 AM – 1:00 PM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

NOTE: Only swimmers who have qualified in individual events should be in the pool during the pre-meet warmup times. Those swimmers who are relay only swimmers may warm-up at anytime after the meet starts.

MARYLAND LSC SWIMMING CHAMPIONSHIPS
MARCH 4 – 7, 2010

WARM – UP LANE ASSIGNMENTS

SATURDAY PRELIMS SESSION

COMPETITION SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	NAAC	NAAC MPSC UN	LBA	GBSA GMAC GTAC	MAS ACA	RAC	MAC	CAA	FAST	BAAC MDY
7:15 AM – 7:45 AM	ASC	SPY MSC	EST NAVY	EST	CAST BMAC	RAID CCY	CBAC CATS	SPRC CGA HUHU	NBAC	NBAC
7:45 AM – 8:05 AM	OPEN	OPEN	OPEN	STARTS	STARTS	STARTS	STARTS	OPEN	OPEN	OPEN
WARMUP SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	NAAC	NAAC	LBA	LBA	RAC	RAC	MAC	CAA	OPEN	OPEN
7:15 AM – 7:45 AM	ASC	SPY	EST	EST	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:45 AM – 1:00 PM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

NOTE: Only swimmers who have qualified in individual events should be in the pool during the pre-meet warmup times. Those swimmers who are relay only swimmers may warm-up at anytime after the meet starts.

MARYLAND LSC SWIMMING CHAMPIONSHIPS
MARCH 4 – 7, 2010

WARM-UP LANE ASSIGNMENTS

SUNDAY PRELIMS SESSION

COMPETITION SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	ASC	SPY MSC	EST NAVY	EST	CAST BMAC	RAID CCY	CBAC CATS	SPRC CGA HUHU	NBAC	NBAC
7:15 AM – 7:45 AM	NAAC	NAAC MPSC UN	LBA	GBSA GMAC GTAC	MAS ACA	RAC	MAC	CAA	FAST	BAAC MDY
7:45 AM – 8:05 AM	OPEN	OPEN	OPEN	STARTS	STARTS	STARTS	STARTS	OPEN	OPEN	OPEN
WARMUP SIDE:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
6:45 AM – 7:15 AM	ASC	SPY	EST	EST	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:15 AM – 7:45 AM	NAAC	NAAC	LBA	LBA	RAC	RAC	MAC	CAA	OPEN	OPEN
7:45 AM – 1:00 PM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

NOTE: Only swimmers who have qualified in individual events should be in the pool during the pre-meet warmup times. Those swimmers who are relay only swimmers may warm-up at anytime after the meet starts.