

Session 1 & 3 - Saturday and Sunday Morning - Warm-Up Starts at 7:30 - Meet Starts at 8:30 am

1st Warm-Up - 7:30 - 7:55 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
SPY - MD	SPY - MD	GBSA - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD

2nd Warm-Up - 7:55 - 8:20 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CAST - MD	CBAC - MD	MDY - MD CATY - MD Unattached	MSC - MD	MSC - MD	BAAC - MD	CAA - MD	CAA - MD	CAA - MD	RAID - MD HUHU - MD GAAC - MA LVA - MA

Session 2 - Saturday Afternoon - Warm-Up Starts at 12:30 - Meet Starts at 1:30pm

1st Warm-Up - 12:30 - 12:55 pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
SPY - MD	SPY - MD	SPY - MD	CAA - MD	CAA - MD	GBSA - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD

2nd Warm-Up - 12:55 - 1:20 pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
LVA - MA, Unattached	CGA - MD	CGA - MD	MAC - MD	MAC - MD	CBAC - MD	MSC - MD	CAST - MD BAAC - MD	MDY - MD CATY - MD	Open

Session 4 - Sunday Afternoon - Warm-Up Starts at 12:30 - Meet Starts at 1:30 pm

1st Warm-Up - 12:30 - 12:55 pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
SPY - MD	SPY - MD	HUHU - MD	CAA - MD	CAA - MD	GBSA - MD	NAAC - MD	NAAC - MD	NAAC - MD	NAAC - MD

2nd Warm-Up - 12:55 - 1:20 pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
Open	LVA - MA, Unattached	CATY - MD	MDY - MD	CAST - MD	CBAC - MD	CGA - MD	BAAC-MD RAID - MD	MSC - MD	Open