

# NORTH BALTIMORE AQUATIC CLUB

## PROUDLY PRESENTS: THE 2009 FAR EASTERN MEET

August 5-8, 2009

Sanctioned by the Maryland Swim Committee  
USA/MD# 09-00027

**FACILITIES:** Meadowbrook Aquatic Center 5700 Cottonworth Ave Baltimore, MD 21209. Two 50 meter pools:

**OUTDOOR:** 50 meter pool, twelve 8 foot wide lanes, average depth of water is 6-7 feet with non turbulent lane lines. Ten lanes will be used for competition. A continuous warm up/down area at the end of the pool (two lanes, 33 meters long) is available for the meet.

**INDOOR:** 50meter pool, six 7.5 foot wide lanes, average depth of water is 6-7 feet with non turbulent lane lines. Pool is located next to the outdoor pool.

\*All women's prelim events will be swum in the ten lane outdoor pool. All men's prelim events will be swum in the six lane indoor pool. All final events will be swum in the ten lane outdoor pool. The two pools are right next to each other.

<b>MEET DIRECTOR:</b>	Tom Yetter	<b>MEET REFEREE:</b>	John Ferrari
<b>MEET ENTRY DIRECTOR:</b>	Tom Yetter 5700 Cottonworth Ave Baltimore, MD 21209 410-433-8300 thomasyetter@hotmail.com	<b>OFFICIALS' CONTACT:</b>	Rachael Fishbain rfishbain@hotmail.com
		<b>SAFETY DIRECTOR:</b>	Anna Summerfield

### ELIGIBILITY:

Open to all USA registered swimmers who meet the qualifying time standards (listed at the end of this meet notice) from August 1, 2008 up to the entry deadline. Note different qualifying times for swimmers within the LSC and outside of the LSC. Swimmers' age as of August 5, 2009 shall apply for the entire meet. The North Baltimore Aquatic Club along with the Meadowbrook Aquatic Center reserves the right to limit the number of athletes in the meet to 800 swimmers. Deck entries will not be accepted. On-deck registrations are not permitted. *\*\*Bonus swims will be allowed for all LSC's. 3 bonus event limit, no more than 1 bonus each day.\*\** *\*\*MD LSC 10&Under Qualifying Times are A Times and Faster in LCM\*\**

### MEET INFORMATION:

Swimmers may enter three events per day excluding relays. No Conversions will be allowed. Long Course Times only. US resident entries without USA numbers will not be accepted. USA Swimming athletes seed times must be in USA Swimming SWIMS database. Failure of any swimmer to comply with the three events per day rule will result in the swimmer being scratched from all events after the third entered event of that session at the discretion of the meet director. All prelim/final events will be circle seeded. Prelim/Final 15&Older events will have the top 20 swimmers return for finals (2 heats). 10&U, 11-12 and 13-14 prelim/final events will have the top 10 swimmers return for finals (1 heat).

### COMBINED EVENTS:

The 12&Under 400 Freestyle will contain both 11-12 swimmers and 10&Under swimmers. The 13&Older 800 and 1500 Freestyle will contain both 13-14 and 15&Older swimmers. The 12&U relays will have both 10&U and 11-12 age groups. The 13&Older relays will have both 13-14 and 15&Older age groups. These events will be combined and swim together, but will be scored separately.

### TIMED FINAL EVENTS:

Age groups will swim prelims and finals with the exception of the events listed below.

- The 11-12 400 IM will be a timed finals event.
- The 12&Under 400 Free will be a timed final event. The fastest heat (10) of men and women will swim towards the start of the finals session. All remaining heats will swim towards the end of the prelim session. See the schedule of events for clarification.
- The 13&Older 800 Free will be a timed finals event. This will be swum in event order.
- The 13&Older 1500 Free will be a timed finals event. The fastest heat (10) of men and women will swim towards the start of the finals session. All remaining heats will swim towards the end of the prelim session. See the schedule of events for clarification.
- All swimmers entered in the 11-12 400 IM, 13&Older 800 Free, and 13&Older 1500 Freestyle must provide their own timers and counters.
- All relays will be timed finals. Relays may be limited to the top twenty seeded relay teams in each event. 10 relays will be secured for each age group (10&U, 11-12, 13-14, 15&Older). All relays will swim in the finals sessions.

### POSTIVE CHECK IN EVENTS:

Positive check-in will be conducted for the 400 IM, and for the 400, 800 and 1500 Freestyles. Below are the deadlines for check-in.

Wednesday:	11-12 400 IM, 13&Older 800 Freestyle	Due at 5:15 PM
Thursday:	13-14 and 15&Older 400 IM	Due at 8:30 AM
Friday:	13-14 and 15&Older 400 Free	Due at 8:30 AM
Saturday:	13&Older 1500 Free and 12&U 400 Free	Due at 8:30 AM

Relays: All relays must be checked in by 10:00 AM on the day of the relay. All teams must fill out a relay card which will have the swimmers names as well as the order of the swimmers.

### ENTRIES:

\*\*All entries must be received no later than Thursday July 16<sup>th</sup> at 5:00 PM. MD LSC Teams who enter by the deadline will get first priority. Out of LSC teams are first come first serve. Submit early to avoid being closed out. Entries will be limited at the discretion of the meet director. The meet director has the right to limit entries if the meet becomes over-subscribed according to MD Swimming Rules and Regulations. US residents entering the meet must be registered with USA Swimming by the meet entry deadline date. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete.

\*NBAC will accept entries via disk (Hy-Tek file) along with a hard copy print out of the entries (Hy-Tek by name, please check the proof of time option). **Please include the name of a Team Manager along with their email address and cell phone number with your entries.**

\*NBAC will also accept entries via email (Hy-Tek file) along with a file containing the hard copy of the entries (Hy-Tek by name – Microsoft Word document or PDF, please check the proof of time option). The host team will send a confirmation email within 24 hours of receipt. If you do not hear back from NBAC within 24 hours, then assume that your entries have not been received and email and/or call the Meet Entry Director or try to contact the Meet Director. **Please include the name of a Team Manager along with their email address and cell phone number with your entries.**

\*For any team entering 10 or fewer athletes into the meet, paper entries are accepted. Please fill out the Computer Entry Form and mail it along with the entry fee check (including the \$4.00 per swimmer paper entry surcharge). **Please include the name of a Team Manager along with their email address and cell phone number with your entries.**

**MEET SCHEDULE:**

WEDNESDAY: TIMED FINALS:	WARMUP: 5:00PM	START: 5:45PM
THU/FRI/SAT PRELIMS:	WARMUP: 6:30AM	START: 8:00AM
THU/FRI/SAT FINALS:	WARMUP: 5:00PM	START: 5:45PM

**ENTRY FEES:** \$6.00 per individual event, \$16.00 per relay. Make all checks payable to NBAC. The meet director reserves the right to limit entries to ensure that prelim sessions end by 1:00 PM. Entry checks may be sent, signature waived, to Tom Yetter 5700 Cottonworth Ave, Baltimore, MD 21209

The following seeding rules will be used to seed the applicable events if needed to limit session length. NBAC will attempt to have the most swimmers swim that we can:

- The 11-12 400 IM events may be limited to the fastest 3 heats.
- The 13&Older 800 free events may be limited to the fastest 3 heats. There will be at least 15 spots secured for 13-14 swimmers and 15 spots secured for 15&Older swimmers.
- The 13&Older 1500 free event may be limited to the fastest 3 heats in each event. There will be at least 15 spots secured for 15&Older girls and 15 spots secured for 13-14 girls. There will be at least 11 spots secured for 15&Older boys and 11 spots secured for 13-14 boys.
- The 13-14 and 15&Older 400 meter events may be limited to the fastest 4 heats in each event. There will be at least 20 spots secured for 15&Older girls and 20 spots secured for 13-14 girls. There will be at least 12 spots secured for 15&Older boys and 11 spots secured for 13-14 boys.
- The 12&Under 400 free events may be limited to the fastest 4 heats in each event. There will be at least 20 spots secured for 11-12 girls and 20 spots secured for 10&Under girls. There will be at least 14 spots secured for 11-12 boys and 14 spots secured for 10&Under boys.
- All events 200 meters or less may be limited to the fastest 8 heats for the 13&Older events and the fastest 6 heats for the 12&Under events.

Meet entry fees will be refunded to any swimmer who does not swim due to the above limitations. These limitations will only be followed if needed so that NBAC can be in accordance with MD Swimming Rules and Regulations.

**TIMING:** All events will be timed by a Colorado electronic timing system with a two-button backup as well as hand watches.

**AWARDS:** 10&Under, 11-12, 13-14 and 15&Older age groups will receive medals 1<sup>st</sup> through 10<sup>th</sup> place. Awards that are not picked up will not be mailed.

**RESULTS:** Final meet results will be posted on the Maryland Swimming webpage [www.mdswim.org](http://www.mdswim.org) and the prelims and finals meet results will be posted on the NBAC webpage [www.nbac.net](http://www.nbac.net) as soon as available.

**PROGRAMS/CONCESSIONS/SWIM APPAREL:** Programs, concessions, and a full range of swimming apparel and accessories will be available for sale at the meet.

**RULES:** Applicable 2009 USA Swimming rules shall govern this competition. Maryland Swimming rules shall also apply. USA Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. No one will be permitted on the pool deck unless they are registered with USA Swimming as an athlete, or as a non-athlete working the meet. The only exceptions will be for the timers and administrative staff assisting with the conduct of the meet.

**OFFICIALS:** All USA certified officials are invited to work at this meet and should contact John Ferrari at [jmfheels@yahoo.com](mailto:jmfheels@yahoo.com) for scheduling purposes. USA credentials must be displayed at all times.

**TIMERS:** All teams entered into the meet will be required to supply timers. The timing assignments will be posted on [www.nbac.net](http://www.nbac.net) and will be emailed out to the teams. **Please include the name of a Team Manager as well as an email address and a cell phone number with your entries.**



**SESSION 1 (TIMED FINALS) WEDNESDAY**  
**WARM-UPS: 5:00 PM    SESSION STARTS: 5:45 PM**

- |   |                    |   |                          |
|---|--------------------|---|--------------------------|
| 1 | Men 11-12 400 IM   | 3 | Men 13&O 800 Freestyle   |
| 2 | Women 11-12 400 IM | 4 | Women 13&O 800 Freestyle |

**SESSION 2 (PRELIMS) THURSDAY**  
**WARM-UPS: 6:30 AM    SESSION STARTS: 8:00 AM**

- |    |                         |    |                        |    |                       |    |                      |
|----|-------------------------|----|------------------------|----|-----------------------|----|----------------------|
| 9  | M 11-12 200 Backstroke  | 17 | M 10&U 50 Breaststroke | 25 | M 10&U 200 Freestyle  | 33 | M 10&U 100 Butterfly |
| 10 | W 11-12 200 Backstroke  | 18 | W 10&U 50 Breaststroke | 26 | W 10&U 200 Freestyle  | 34 | W 10&U 100 Butterfly |
| 11 | M 15&O 100 Breast       | 19 | M 15&O 200 Freestyle   | 27 | M 15&O 100 Butterfly  | 35 | M 15&O 400 IM        |
| 12 | W 15&O 100 Breast       | 20 | W 15&O 200 Freestyle   | 28 | W 15&O 100 Butterfly  | 36 | W 15&O 400 IM        |
| 13 | M 13-14 100 Breast      | 21 | M 13-14 200 Freestyle  | 29 | M 13-14 100 Butterfly | 37 | M 13-14 400 IM       |
| 14 | W 13-14 100 Breast      | 22 | W 13-14 200 Freestyle  | 30 | W 13-14 100 Butterfly | 38 | W 13-14 400 IM       |
| 15 | M 11-12 50 Breaststroke | 23 | M 11-12 200 Freestyle  | 31 | M 11-12 100 Butterfly |    |                      |
| 16 | W 11-12 50 Breaststroke | 24 | W 11-12 200 Freestyle  | 32 | W 11-12 100 Butterfly |    |                      |

**SESSION 3 (FINALS) THURSDAY**  
**WARM-UPS: 5:00 PM    SESSION STARTS: 5:45 PM**

- |    |                        |    |                         |    |                       |    |                      |
|----|------------------------|----|-------------------------|----|-----------------------|----|----------------------|
| 5  | M 12&U 200 Free Relay  | 15 | M 11-12 50 Breaststroke | 25 | M 10&U 200 Freestyle  | 35 | M 15&O 400 IM        |
| 6  | W 12&U 200 Free Relay  | 16 | W 11-12 50 Breaststroke | 26 | W 10&U 200 Freestyle  | 36 | W 15&O 400 IM        |
| 7  | M 13&O 200 Free Relay  | 17 | M 10&U 50 Breaststroke  | 27 | M 15&O 100 Butterfly  | 37 | M 13-14 400 IM       |
| 8  | W 13&O 200 Free Relay  | 18 | W 10&U 50 Breaststroke  | 28 | W 15&O 100 Butterfly  | 38 | W 13-14 400 IM       |
| 9  | M 11-12 200 Backstroke | 19 | M 15&O 200 Freestyle    | 29 | M 13-14 100 Butterfly | 39 | M 12&U 200 MedRelay  |
| 10 | W 11-12 200 Backstroke | 20 | W 15&O 200 Freestyle    | 30 | W 13-14 100 Butterfly | 40 | W 12&U 200 Med Relay |
| 11 | M 15&O 100 Breast      | 21 | M 13-14 200 Freestyle   | 31 | M 11-12 100 Butterfly | 41 | M 13&O 200 Med Relay |
| 12 | W 15&O 100 Breast      | 22 | W 13-14 200 Freestyle   | 32 | W 11-12 100 Butterfly | 42 | W 13&O 200 Med Relay |
| 13 | M 13-14 100 Breast     | 23 | M 11-12 200 Freestyle   | 33 | M 10&U 100 Butterfly  |    |                      |
| 14 | W 13-14 100 Breast     | 24 | W 11-12 200 Freestyle   | 34 | W 10&U 100 Butterfly  |    |                      |

**SESSION 4 (PRELIMS) FRIDAY**  
**WARM-UPS: 6:30 AM    SESSION STARTS: 8:00 AM**

- |    |                          |    |                      |    |                        |    |                        |
|----|--------------------------|----|----------------------|----|------------------------|----|------------------------|
| 43 | M 11-12 200 Breaststroke | 53 | M 15&O 50 Freestyle  | 63 | M 13-14 200 Butterfly  | 73 | M 11-12 100 Backstroke |
| 44 | W 11-12 200 Breaststroke | 54 | W 15&O 50 Freestyle  | 64 | W 13-14 200 Butterfly  | 74 | W 11-12 100 Backstroke |
| 45 | M 15&O 200 IM            | 55 | M 13-14 50 Freestyle | 65 | M 11-12 50 Butterfly   | 75 | M 10&U 100 Backstroke  |
| 46 | W 15&O 200 IM            | 56 | W 13-14 50 Freestyle | 66 | W 11-12 50 Butterfly   | 76 | W 10&U 100 Backstroke  |
| 47 | M 13-14 200 IM           | 57 | M 11-12 50 Freestyle | 67 | M 10 & U 50 Butterfly  | 77 | M 15&O 400 Freestyle   |
| 48 | W 13-14 200 IM           | 58 | W 11-12 50 Freestyle | 68 | W 10 & U 50 Butterfly  | 78 | W 15&O 400 Freestyle   |
| 49 | M 11-12 200 IM           | 59 | M 10&U 50 Freestyle  | 69 | M 15&O 100 Backstroke  | 79 | M 13-14 400 Freestyle  |
| 50 | W 11-12 200 IM           | 60 | W 10&U 50 Freestyle  | 70 | W 15&O 100 Backstroke  | 80 | W 13-14 400 Freestyle  |
| 51 | M 10&U 200 IM            | 61 | M 15&O 200 Butterfly | 71 | M 13-14 100 Backstroke |    |                        |
| 52 | W 10&U 200 IM            | 62 | W 15&O 200 Butterfly | 72 | W 13-14 100 Backstroke |    |                        |

**SESSION 5 (FINALS) FRIDAY**  
**WARM-UPS: 5:00 PM    SESSION STARTS: 5:45 PM**

- |    |                          |    |                       |    |                        |    |                       |
|----|--------------------------|----|-----------------------|----|------------------------|----|-----------------------|
| 43 | M 11-12 200 Breaststroke | 54 | W 15&O 50 Freestyle   | 65 | M 11-12 50 Butterfly   | 76 | W10&U 100 Backstroke  |
| 44 | W 11-12 200 Breaststroke | 55 | M 13-14 50 Freestyle  | 66 | W11-12 50 Butterfly    | 77 | M 15&O 400 Freestyle  |
| 45 | M 15&O 200 IM            | 56 | W 13-14 50 Freestyle  | 67 | M 10&U 50 Butterfly    | 78 | W 15&O 400 Freestyle  |
| 46 | W 15&O 200 IM            | 57 | M 11-12 50 Freestyle  | 68 | W 10&U 50 Butterfly    | 79 | M 13-14 400 Freestyle |
| 47 | M 13-14 200 IM           | 58 | W 11-12 50 Freestyle  | 69 | M 15&O 100 Backstroke  | 80 | W 13-14 400 Freestyle |
| 48 | W 13-14 200 IM           | 59 | M 10&U 50 Freestyle   | 70 | W 15&O 100 Backstroke  | 81 | M 12&U 400 Med Relay  |
| 49 | M 11-12 200 IM           | 60 | W 10&U 50 Freestyle   | 71 | M 13-14 100 Backstroke | 82 | W 12&U 400 Med Relay  |
| 50 | W 11-12 200 IM           | 61 | M 15&O 200 Butterfly  | 72 | W 13-14 100 Backstroke | 83 | M 13&O 400 Med Relay  |
| 51 | M 10 & Under 200 IM      | 62 | W 15&O 200 Butterfly  | 73 | M 11-12 100 Backstroke | 84 | W 13&O 400 Med Relay  |
| 52 | W 10 & Under 200 IM      | 63 | M 13-14 200 Butterfly | 74 | W 11-12 100 Backstroke |    |                       |
| 53 | M 15&O 50 Freestyle      | 64 | W 13-14 200 Butterfly | 75 | M 10&U 100 Backstroke  |    |                       |

**SESSION 6 (PRELIMS) SATURDAY**  
**WARM-UPS: 6:30 AM SESSION STARTS: 8:00 AM**

85	M 11-12 200 Butterfly	98	W 10&U 100 Breaststroke	107	M 15&O 200 Backstroke	88	W 13&O 1500 Freestyle
86	W 11-12 200 Butterfly	99	M 15&O 100 Freestyle	108	W 15&O 200 Backstroke	89	M 12&U 400 Freestyle
91	M 15&O 200 Breaststroke	100	W 15&O 100 Freestyle	109	M 13-14 200 Backstroke	90	W 12&U 400 Freestyle
92	W 15&O 200 Breaststroke	101	M 13-14 100 Freestyle	110	W 13-14 200 Backstroke		
93	M 13-14 200 Breaststroke	102	W 13-14 100 Freestyle	111	M 11-12 50 Backstroke		
94	W 13-14 200 Breaststroke	103	M 11-12 100 Freestyle	112	W 11-12 50 Backstroke		
95	M 11-12 100 Breaststroke	104	W 11-12 100 Freestyle	113	M 10 & U 50 Backstroke		
96	W 11-12 100 Breaststroke	105	M 10&U 100 Freestyle	114	W 10 & U 50 Backstroke		
97	M 10&U 100 Breaststroke	106	W 10 &U 100 Freestyle	87	M 13&O 1500 Freestyle		

\*Note the placement of the 13&Older 1500 Freestyle, the 12&Under 400 Freestyle. The fastest heat (10) of men and women will swim towards the start of the finals session. All remaining heats will swim towards the end of the prelim session.

**SESSION 7 (FINALS) SATURDAY**  
**WARM-UPS: 5:00 PM SESSION STARTS: 5:45 PM**

85	M 11-12 200 Butterfly	94	W 13-14 200 Breaststroke	103	M 11-12 100 Freestyle	112	W 11-12 50 Backstroke
86	W 11-12 200 Butterfly	95	M 11-12 100 Breaststroke	104	W 11-12 100 Freestyle	113	M 10 & U 50 Backstroke
87	M 13&O 1500 Freestyle	96	W 11-12 100 Breaststroke	105	M 10&U 100 Freestyle	114	W 10 & U 50 Backstroke
88	W 13&O 1500 Freestyle	97	M 10&U 100 Breaststroke	106	W 10&U 100 Freestyle	115	M 13&O 400 Free Relay
89	M 12&U 400 Freestyle	98	W 10&U 100 Breaststroke	107	M 15&O 200 Backstroke	116	W 13&O 400 Free Relay
90	W 12&U 400 Freestyle	99	M 15&O 100 Freestyle	108	W 15&O 200 Backstroke	117	M 12 & U 400 Free Relay
91	M 15&O 200 Breaststroke	100	W 15&O 100 Freestyle	109	M 13-14 200 Backstroke	118	W 12 & U 400 Free Relay
92	W 15&O 200 Breaststroke	101	M 13-14 100 Freestyle	110	W 13-14 200 Backstroke		
93	M 13-14 200 Breaststroke	102	W 13-14 100 Freestyle	111	M 11-12 50 Backstroke		

**2009 NBAC Far Eastern Meet  
Qualifying Times  
MD LSC SWIMMERS**

<b>10&amp;U</b>		
<b>Girls</b>		<b>Boys</b>
34.69	50 Free	34.89
1:16.39	100 Free	1:17.29
2:45.79	200 Free	2:45.39
5:47.89	400 Free	5:47.89
41.09	50 Back	41.29
1:28.69	100 Back	1:28.39
38.49	50 Fly	39.19
1:30.89	100 Fly	1:32.49
46.59	50 Breast	46.59
1:40.79	100 Breast	1:40.79
3:07.59	200 IM	3:07.59

<b>11&amp;12</b>		
<b>Girls</b>		<b>Boys</b>
31.49	50 Free	30.99
1:08.29	100 Free	1:08.19
2:25.89	200 Free	2:27.79
5:09.39	400 Free	5:11.69
36.89	50 Back	36.59
1:18.59	100 Back	1:18.29
2:48.09	200 Back	2:48.29
34.19	50 Fly	34.29
1:15.79	100 Fly	1:16.89
2:48.39	200 Fly	2:48.39
40.49	50 Breast	40.69
1:28.69	100 Breast	1:27.29
3:10.99	200 Breast	3:12.19
2:47.29	200 IM	2:47.49
6:02.99	400 IM	6:04.99

<b>13-14</b>		
<b>Girls</b>		<b>Boys</b>
30.49	50 Free	28.69
1:06.09	100 Free	1:02.09
2:22.69	200 Free	2:15.89
4:57.59	400 Free	4:45.39
10:04.59	800 Free	9:49.79
19:24.49	1500 Free	18:50.09
1:15.59	100 Back	1:11.69
2:41.09	200 Back	2:34.79
1:13.49	100 Fly	1:09.09
2:41.39	200 Fly	2:34.69
1:26.19	100 Breast	1:20.59
3:04.79	200 Breast	2:55.49
2:41.89	200 IM	2:32.39
5:40.69	400 IM	5:23.69

<b>15&amp;O</b>		
<b>Girls</b>		<b>Boys</b>
29.89	50 Free	27.99
1:06.09	100 Free	1:00.29
2:20.99	200 Free	2:11.69
4:53.99	400 Free	4:35.89
9:58.39	800 Free	9:24.29
18:59.09	1500 Free	17:59.09
1:14.69	100 Back	1:08.69
2:39.49	200 Back	2:25.99
1:11.89	100 Fly	1:05.69
2:35.59	200 Fly	2:25.29
1:24.59	100 Breast	1:16.09
3:00.29	200 Breast	2:44.79
2:39.89	200 IM	2:28.59
5:37.49	400 IM	5:14.09

**2009 NBAC Far Eastern Meet  
Qualifying Times  
Swimmers Outside of the MD LSC**

<b>10&amp;U</b>		
<b>Girls</b>		<b>Boys</b>
34.19	50 Free	34.39
1:15.39	100 Free	1:16.29
2:43.79	200 Free	2:43.39
5:43.89	400 Free	5:43.89
40.69	50 Back	40.79
1:27.69	100 Back	1:27.39
37.99	50 Fly	38.69
1:29.89	100 Fly	1:31.49
46.09	50 Breast	46.09
1:39.79	100 Breast	1:39.79
3:05.59	200 IM	3:05.59

<b>11&amp;12</b>		
<b>Girls</b>		<b>Boys</b>
30.99	50 Free	30.49
1:07.29	100 Free	1:07.19
2:25.89	200 Free	2:25.79
5:05.39	400 Free	5:07.69
36.39	50 Back	36.09
1:17.59	100 Back	1:17.29
2:46.09	200 Back	2:46.29
33.69	50 Fly	33.79
1:14.79	100 Fly	1:15.89
2:46.39	200 Fly	2:46.39
39.99	50 Breast	40.09
1:27.69	100 Breast	1:26.29
3:08.99	200 Breast	3:10.19
2:45.29	200 IM	2:45.49
6:00.99	400 IM	6:02.99

<b>13-14</b>		
<b>Girls</b>		<b>Boys</b>
29.99	50 Free	28.19
1:05.09	100 Free	1:01.09
2:20.69	200 Free	2:13.89
4:53.59	400 Free	4:41.39
9:59.59	800 Free	9:45.79
19:17.49	1500 Free	18:43.09
1:14.59	100 Back	1:10.69
2:39.09	200 Back	2:32.79
1:12.49	100 Fly	1:08.09
2:39.39	200 Fly	2:32.69
1:25.19	100 Breast	1:19.59
3:02.79	200 Breast	2:53.49
2:39.89	200 IM	2:30.39
5:36.69	400 IM	5:19.69

<b>Open</b>		
<b>Girls</b>		<b>Boys</b>
29.39	50 Free	27.49
1:05.09	100 Free	59.29
2:18.99	200 Free	2:09.69
4:49.99	400 Free	4:31.89
9:53.39	800 Free	9:19.29
18:52.09	1500 Free	17:52.09
1:13.69	100 Back	1:07.69
2:37.49	200 Back	2:23.99
1:10.89	100 Fly	1:04.69
2:33.59	200 Fly	2:23.29
1:23.59	100 Breast	1:15.09
2:58.29	200 Breast	2:42.79
2:37.89	200 IM	2:26.59
5:33.49	400 IM	5:10.09