

Sanctioned by Maryland Swimming, Inc. Sanction # MD10-1030

Hosted By:	The Retriever Aquatic Club and Annapolis Swim Club July 9-11, 2010		
Location:	<i>The UMBC AQUATIC COMPLEX The University of Maryland - Baltimore County (UMBC) 1000 Hilltop Circle Baltimore, MD 21250</i>		
Schedule of Events:	Prelims	All ages	Warm-ups 6:30 a.m. Session Starts: 8:00 a.m.
	Finals	All ages	Warm-ups 4:30 p.m. Session Starts: 5:30 p.m.
Notes:	<ul style="list-style-type: none"> • The above listed starting times may be adjusted once all entries have been received. Coaches will be notified of any changes to starting times. • Open and 13-14 events will run an A & B final. The 11-12 & 9-10 will only run a championship final. • 14 and under & OPEN 400 Free requires a positive check-in. • The 14 and under & OPEN 400 IM requires a positive check-in. • The OPEN 800 and 1500 Free requires a positive check-in. • 14 and under 400 free and IM are timed finals with top eight swimmers swimming at finals • In case of inclement weather, call 410-455-2679 for status of meet. • Each team must provide 3 volunteers for each session they are attending. • 		
Facilities:	<ul style="list-style-type: none"> • UMBC has an outdoor eight lane, 50-meter pool. The eight lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is not to be used. Please inform your swimmers. • The facility has fully automatic timing, scoreboard, horn start, and non-turbulent lane dividers. 		
Eligibility:	<ul style="list-style-type: none"> • This meet is open to all USA Swimming registered clubs. Maryland LSC Registered Clubs have first priority. • Swimmers with 2 Long Course 2007-2008 "BB" times may swim any events up to the maximum allowed in the meet. Qualify for 2 events you may swim any additional events up to the maximum allowed in the meet. • The swimmer's age as of July 09, 2010 shall apply for the entire meet. 		

Entries:	<ul style="list-style-type: none"> • 13-14 & Open swimmers may swim a maximum of Three (3) Individual Events. • 10 & U & 11-12 swimmers may swim a maximum of Three (3) Individual Events. • All entries must be submitted with Long Course Times (converted times are acceptable). • All Individual and Relay Entries must be submitted on disk with accompanying Meet Manager printouts or on entry forms available from the meet director. • Checks for entry fees should be made payable to Annapolis Swim Club and mailed (No signature required) with disk (or Entry Forms) to: <div style="text-align: center;"> Ken DeGruchy – Meet Director 8214 Black Diamond Court Pasadena, MD 21122 kdegruchy@comcast.net 410-437-5463 </div> • Please note: Entries received without payment will not be accepted. E-mail entries will not be completed until the Meet Director has received payment for those entries. To verify on-time receipt of your entries, please include a stamped self-addressed postcard or envelope. • The Meet director reserves the right to limit entries to stay within the time constraints of the meet.
Fees:	<ul style="list-style-type: none"> • \$6.00 for each Individual Event • There will be no deck entries allowed
Entry Deadline:	<ul style="list-style-type: none"> • The Entry Director must receive all entries and fees no later than 5:00 p.m. on Thursday July 1, 2010
Rules:	<ul style="list-style-type: none"> • Applicable USA Swimming Rules shall govern this competition. • Maryland Swimming rules shall also apply where appropriate. • USA Swimming/Maryland Swimming Safety Guidelines and warm-up procedures will be in effect for the entire meet. • Spectators will only be permitted in designated areas of the pool deck unless they are registered with USS as an athlete or as a non-athlete and are working at the meet. The only exception is for the timers and volunteers assisting with the conduct of the meet. Coaches: You will be permitted inside the roped off areas of the deck provided you do not interfere with those conducting the meet and you are wearing your coaching credentials • Positive Check-In Events (400 Free, 400 IM,) Swimmers must check-in with the meet official prior to swimming their events by the positive check-in deadline noted in the meet notice. There is no penalty for not checking in for deck seeded timed final events; however if not checked in, the swimmer will be scratched. Once checked in, the swimmer must compete or be scratched from his/her next individual event.
Results:	<ul style="list-style-type: none"> • Meet Results will be available for download or printing from the Maryland Swimming Website (www.mdswim.org) within 48 hours after the meet. • Teams that submit their meet entries on computer disk can receive their disks back with Meet Results in HY-BACKUP.ZIP format. • If a team requires a paper copy of the Meet Results, this will be mailed within 2 weeks of the meet at a cost of \$10.00.
Programs:	<ul style="list-style-type: none"> • Programs will be made available at all sessions at a nominal cost.

Food:	<ul style="list-style-type: none"> • A snack bar will be available during the meet.
Meet Director:	* Rob Dobry rwdobry@missi.ncsc.mil or robdobry@yahoo.com
Safety Director:	<ul style="list-style-type: none"> • Annette Stang <p>USA Swimming/Maryland Swimming Warm-up and Safety Guidelines will be in effect for the entire meet.</p>
Meet Referee	Linda Sue Lottes
Officials:	<p>All USA Swimming certified officials willing to volunteer should contact</p> <p>Contact Linda Sue Lottes at 410-792-4860 or</p> <p>Email: lottesblossom52@verizon.net for any questions.</p>
Directions:	<p>From the North:</p> <ul style="list-style-type: none"> • Take the Baltimore Beltway (I-695 Outer Loop) West/South to Exit 12-C, Wilkens Avenue. • At the traffic light, turn Left onto Wilkens Avenue. • Turn Left again at the first traffic light onto Walker Avenue (~1 Mile). • Turn Right at the Stop Sign onto Hilltop Circle. • The UMBC pool is ~½ mile around the circle. • Turn Left onto Administration Drive. • The UMBC pool is on the right behind the UMBC Fieldhouse. • To reach additional parking continue past Administration Drive, and turn left onto Library Drive, then right into additional lots.
	<p>From the South:</p> <ul style="list-style-type: none"> • Take I-95 North to 195 West • Take first Exit off 195 West, which will lead you onto the UMBC Campus via UMBC Boulevard. • Turn Right onto Hilltop Circle and then Left onto Administration Drive • The pool is on the right behind the UMBC Fieldhouse. • Parking Lot 10 is in front of the Fieldhouse. To reach Parking Lot 1, continue past Administration Drive, and turn right onto Library Drive, then left into Lot 1.

Hotels