

ANNAPOLIS SWIM CLUB
FREESTYLE SENDOFF
October 2-3, 2009

HOST	Annapolis Swim Club (“ASC”) Meet Director: Ken DeGruchy (Kdegruchy@comcast.net)
SANCTION	Sanctioned by Maryland Swimming, Inc. Sanction # MD 09-00030
LOCATION	The Arundel Olympic Swim Center, 2690 Riva Road, Annapolis, Maryland 21401
FACILITY	The Arundel Olympic Swim Center is a 50 meter indoor facility. The competition pool is a twenty-five yard, eight lane pool, 6 to 13 feet in depth with non-turbulent lane dividers. Colorado automatic timing system, scoreboard, horn/strobe start. Lanes will be available during the meet for warm-up and swim down when appropriate supervision is provided by the swimmer’s coach/club.
RULES	The meet will be governed by current USA Swimming Rules. All participants must be registered USA Swimming athletes. Maryland Swimming, Inc. rules shall also apply. No one will be permitted on the pool deck unless they are registered with USA swimming as an athlete, or as a non-athlete working the meet. Only exceptions will be for timers and administrative staff assisting with the conduct of the meet. No on-deck registrations are permitted Swimmers entering the meet must be registered with MSI by the meet entry deadline date. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete.
ORDER OF EVENTS	Session I: Friday, October 2 Open Men’s and Women’s 1000 Free (fastest to slowest) Sessions II: Saturday, October 3 All Men and Senior Women Session III: Saturday, October 3 9-10 , 11-12 and 13-14 Women
MEET DIRECTOR	Mark Mangold
SAFETY DIRECTOR	Ken DeGruchy
REFEREE	Chris Pulley
OFFICIALS	All certified USA Swimming officials wishing to volunteer should contact Chris Pulley at (410) 255-5111

**ELIGIBILITY
RESTRICTIONS**

Open to all USA Swimming registered swimmers. There are no minimum time standards for this meet.

- “No time” entries will be permitted
- Swimmers may enter no more than 4 events per session
- There will be positive check-in for 500 and 1000 Freestyle
- Positive check-in for Friday Session closes at 4:30 PM; positive check-in for Saturday AM Session closes at 9:00 am 3:00pm for Saturday PM Session. **Each swimmer entered in the 1000 and 500 are responsible for bringing their own timer and counter**
- Deck entries will be accepted

ENTRY FEES

\$5.00 per individual event. Each team is requested to submit one check for the entire team’s entries. Make checks payable to “ASC”.

**ENTRY
DEADLINE**

All entries must be in the hands of the Meet Entry Chairperson by 5:00 PM, Monday, September 21. All entries must be emailed to the Meet Entry Chairperson in the appropriate Hytek Team File. All other forms of entries will be returned. Please submit a hard copy of your entries with your check or money order made payable to “ASC”. The meet director reserves the right to limit entries based on date and time of receipt by the Meet Entry Chairperson. All Maryland LSC Teams will have first priority if entries are received by the deadline. Clubs whose entries are not accepted due to over-subscription will be notified and their entry fees returned.

RESULTS

Results will be available for downloading from the MD Swimming web site 48 hours after the conclusion of the meet.

PROGRAMS

Programs will be available at a nominal charge.

FOOD

A full range of food, drinks, and swimming apparel will be sold during all sessions.

All entries must be in the hands of the Meet Entry Chairperson by 5:00 PM, Monday, September 21. All entries must be accompanied by a check or money order payable to “ASC”.

Mail entries to:

Ken DeGruchy
8214 Black Diamond Ct
Pasadena, Maryland 21122
kdegruchy@comcast.net
(410) 802-0027

DIRECTIONS

From Virginia and South -- Take 495 (Washington Beltway) to Route 50 East. Go East approximately 20 miles to Route 665 (Aris T. Allen Blvd.). Stay to the right and turn right onto Riva Road. Go approximately 1 1/2 miles to the Arundel Olympic Swim Center on the right (also entrance to Annapolis High School). Pool is on the right.

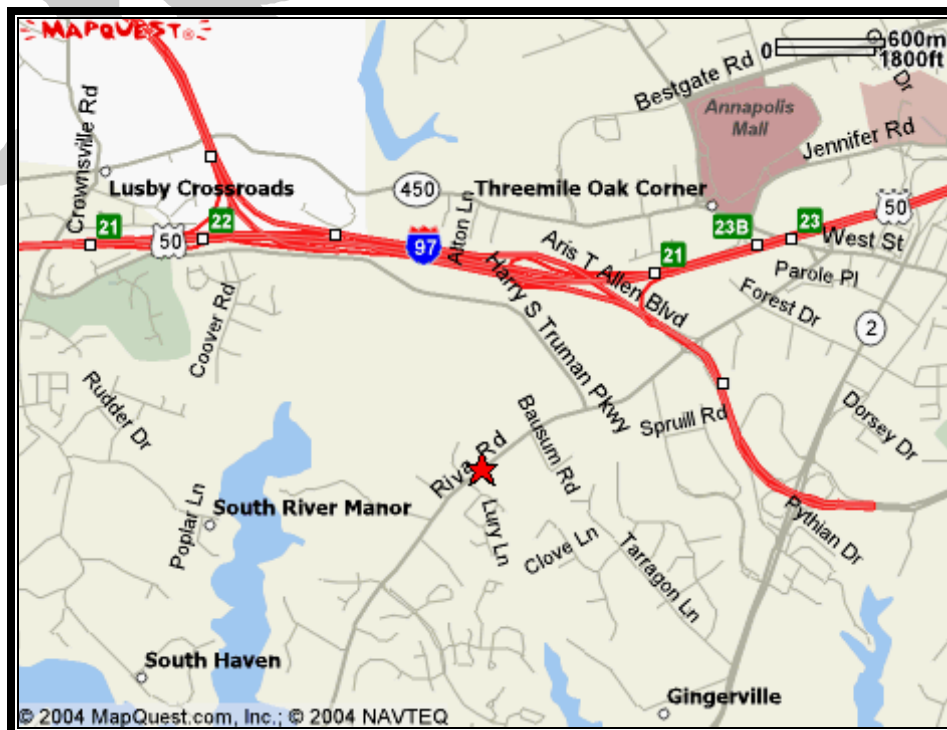
From New York and North -- Take Route 95 to the Harbor Tunnel. After exiting the tunnel, go approximately 5 miles to Route 97. Take Route 97 south toward Annapolis (approximately 20 miles). Continue on Route 97 to Route 665 (Aris T. Allen Blvd.). Follow directions above from Route 665 above.

LODGING

Radisson Hotel of Annapolis
210 Holiday Court
Annapolis, MD 21401
Phone (410) 224-3150

Hampton Inn and Suites
124 Womack Drive
Annapolis, MD 21401
Phone (410) 571-0200

Days Inn Historic Annapolis
2530 Riva Road
Annapolis, MD 21401
Phone (410) 224-0215



ANNAPOLIS SWIM CLUB FREESTYLE SENDOFF ORDER OF EVENTS

Friday, October 2

Session 1 – Open Men and Women
Warm-up at 4:00PM, Start at 5:00PM

<u>Event No.</u>	<u>Event</u>
1	Women's Senior 1000 Free*
2	Men's Senior 1000 Free*

*Swam fastest to slowest

Saturday, October 3

Session 2 – All Men and Senior Women
Warm-up at 7:00AM, Start at 8:00AM

<u>Event No.</u>	<u>Event</u>
3	Women's 15-18 50 Free
4	Men's 15-18 50 Free
5	Men's 13-14 50 Free
6	Men's 11-12 50 Free
7	Men's 9-10 50 Free
8	Women's 15-18 100 Free
9	Men's 15-18 100 Free
10	Men's 13-14 100 Free
11	Men's 11-12 100 Free
12	Men's 9-10 100 Free
13	Women's 15-18 200 Free
14	Men's 15-18 200 Free
15	Men's 13-14 200 Free
16	Men's 11-12 200 Free
17	Men's 9-10 200 Free
18	Women's 15-18 500 Free*
19	Men's 15-18 500 Free*
20	Men's 13-14 500 Free*
21	Men's 9-12 500 Free*

*Swam fastest to slowest

Saturday, October 3

Session 3 – Women's 9-10 through 13-14 Women
Warm-up at 1:00PM, Start at 2:00PM

<u>Event No.</u>	<u>Event</u>
22	Women's 13-14 50 Free
23	Women's 11-12 50 Free
24	Women's 9-10 50 Free
25	Women's 13-14 100 Free
26	Women's 11-12 100 Free
27	Women's 9-10 100 Free
28	Women's 13-14 200 Free
29	Women's 11-12 200 Free
30	Women's 9-10 200 Free
31	Women's 13-14 500 Free*
32	Women's 9-12 500 Free*

Swam fastest to slowest

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