

The Monocacy Aquatic Club
Proudly Presents
“The Robert J. Hogan Memorial Mini Meet”

January 30 & 31, 2010
Sanctioned By Maryland Swimming, Inc.
USS Sanction #: MD10-006

HOSTED BY: THE MONOCACY AQUATIC CLUB

LOCATION: FREDERICK HIGH SCHOOL
650 Carroll Parkway
Frederick, MD 21701

FACILITIES: The pool has six lanes, 25 yards in length with non-turbulent lane lines and Colorado Timing System. The depth of the pool is 3.5 feet at the turn end to 13 feet at the start end. The competition course has not been certified in accordance with USA Swimming rule 104.2.2c(4).

Meet Director

Scott Smith

301-502-0022

mosmiths@hotmail.com

Referee

John Lee

202-256-4480

Johnlee301@comcast.net

Safety Director

James Hyrkas

301-662-0572

ELIGIBILITY: Open to all USA Swimming registered swimmers 10 years and younger. Participants must swim in their respective age bracket. A swimmer's age on the first day of the meet shall govern in which age group they swim. No time standards are required.

SCHEDULE:

Saturday	8 & Under Girls / 9-10 Boys:	Warm-ups at 7:00am Meet Starts at 8:00am
Saturday	8 & Under Boys / 9-10 Girls	Warm-ups at 12:00pm Meet Starts at 1:00pm
Sunday	8 & Under Girls / 9-10 Boys:	Warm-ups at 7:00am Meet Starts at 8:00am
Sunday	8 & Under Boys / 9-10 Girls	Warm-ups at 12:00pm Meet Starts at 1:00pm

We reserve the right to change the warm up and start times after the entries are received. Please check www.mdswim.org and www.macswim.net for any changes.

Emergency Weather Contact: www.macswim.net or call 301-696-8588

ENTRY INFO: A swimmer may enter four (4) individual events per day and one (1) relay per day. All entries must be submitted on a computer file compatible with Meet Manager Software. Each team must submit a "Team Summary Sheet".

ENTRY FEES: \$5.00 PER INDIVIDUAL EVENT
\$10.00 PER RELAY
\$8.00 PER DECK ENTRY

ENTRY DEADLINE: All entries (Computer Entry Sheets, Team Summary Sheets) and fees must be delivered to the address below no later than 8:00 pm Friday, January 15, 2010. Maryland LSC Teams who wish to have priority placement can submit their entries by Tuesday January 12, 2010. The Meet Director will return entries if the meet exceeds the timeline prior to the entry deadline, so please submit your entries early.

Meet entries may be submitted in advance by E-Mail (Team Manager Meet Entry files only) to territbush@aol.com. Teams may send a Meet Manager Entry file on disk with payment to the address below. Teams with less than 10 swimmers may send paper entries with payment, but must include the following: swimmer's name, USA ID number, team, event, entry time, and coach's name and phone number. Entries will not be considered complete until payment is received. No phone entries will be accepted.

SEND ENTRIES and Payments to:

**Monocacy Aquatic Club
c/o Terri Bush
5613 Broadmoor Terrace
Ijamsville, MD 21754
Email entries to territbush@aol.com**

Swimmers must be registered with MSI by the meet entry deadline date. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete.

Deck entries for swimmers entered in the meet will be accepted into open lanes with **payment at the time of entry** with cash or check. **No On-Deck Registration will be permitted.**

RULES: Applicable USS rules shall govern this competition. MD Swimming Rules shall also apply. USS/MD safety guidelines and warm-up procedures will be in effect for the entire meet. No one will be permitted on the pool deck unless they are registered with USS as an athlete or as a non-athlete working the meet. The only exception will be for timers and administrative staff assisting with the conduct of the meet. Coaches are required to display their credentials while on deck.

No Recall Procedure: The no-recall procedure for false starts will be used during this meet (2001 USA Swimming Rule 102.14.4H).

OFFICIALS TRAINING: There will be a training session for anyone interested in becoming a Stroke and Turn Official on Saturday immediately following the morning session at approximately 11:30am.

There will also be a training session on Sunday immediately following the morning session at approximately 11:30am for any current official interested in becoming a Starter.

SPECIAL REQUIREMENTS:

1. The Frederick Board of Education requires that “NO STREET SHOES BE ALLOWED ON DECK”
2. Due to the depth of the water on the shallow end of the pool, all swimmers entered in the 100 relays will have to start the second and fourth lengths of that relay in the water, not from the deck.
- 3.

OFFICIALS: Volunteers will be appreciated. Please contact Ed Goundry at 301-694-6483 or fgoundry@vglaw.org

AWARDS: Individual event ribbons 1st thru 10th. Relay events 1st thru 3rd.

RESULTS: Meet Results will be posted during the meet at the conclusion of each session or day on www.macswim.net and on Maryland Swimming www.mdswim.org within two days of the conclusion of the meet.

PROGRAMS: Programs will be available for a nominal cost.

FOOD/ATTIRE: A full range of food, drinks and swimming apparel will be on sale during all Saturday and Sunday sessions.

DIRECTIONS:

From Washington, DC: I-270 North to US-15 North towards Gettysburg, PA, then follow directions below

From Baltimore, MD: I-70 West to exit 53 to US-15 North towards Gettysburg, PA, then follow directions below

Exit at 13A East onto Patrick Street (MD 144 East). At the second traffic light, turn left onto West College Terrace. Then, turn left into Frederick High School; the pool is located directly ahead. (FHS is located at the corner of Patrick Street and West College Terrace.) Additional parking is located behind the school to the right.

ACCOMMODATIONS:

Fairfield Inn & Suites Marriott - \$99
<http://cwp.marriott.com/wasfr/hoganmeet/>
5220 Westview Drive
Frederick, MD 21703
301-631-2000
800-228-2800

Courtyard Marriott - \$109
<http://cwp.marriott.com/wasfr/hoganmeet/>
5225 Westview Drive
Frederick, MD 21703
301-631-9030
800-321-2211.

Session I Saturday Morning: 8 & Under Girls / 9-10 Boys
Warm-ups at 7:00am Meet Starts at 8:00am

Event #	Events	Event #	Events
1	10 Year Old Boys 100 Free	15	10 Year Old Boys 50 Breast
2	9 Year Old Boys 100 Free	16	9 Year Old Boys 50 Breast
3	8 Year Old Girls 25 Free	17	8 Year Old Girls 25 Fly
4	7 Year Old Girls 25 Free	18	7 & Under Girls 25 Fly
5	6 & Under Girls 25 Free	19	9-10 Boys 200 IM
6	10 Year Old Boys 50 Back	20	8 Year Old Girls 100 IM
7	9 Year Old Boys 50 Back	21	7 & Under Girls 100 IM
8	8 Year Old Girls 25 Back	22	9-10 Boys 200 Free Relay
9	7 Year Old Girls 25 Back	23	8 & Under Girls 100 Free Relay
10	6 & Under Girls 25 Back		
11	9-10 Boys 100 Fly		
12	8 Year Old Girls 25 Breast		
13	7 Year Old Girls 25 Breast		
14	6 & Under Girls 25 Breast		

Session II Saturday Afternoon: 8 & Under Boys / 9-10 Girls
Warm-ups at 12:00pm Meet Starts at 1:00pm

Event #	Events	Event #	Events
24	10 Year Old Girls 100 Free	37	6 & Under Boys 25 Breast
25	9 Year Old Girls 100 Free	38	10 Year Old Girls 50 Breast
26	8 Year Old Boys 25 Free	39	9 Year Old Girls 50 Breast
27	7 Year Old Boys 25 Free	40	8 Year Old Boys 25 Fly
28	6 & Under Boys 25 Free	41	7 & Under Boys 25 Fly
29	10 Year Old Girls 50 Back	42	9-10 Girls 200 IM
30	9 Year Old Girls 50 Back	43	8 Year Old Boys 100 IM
31	8 Year Old Boys 25 Back	44	7 & Under Boys 100 IM
32	7 Year Old Boys 25 Back	45	9-10 Girls 200 Free Relay
33	6 & Under Boys 25 Back	46	8 & Under Boys 100 Free Relay
34	9 - 10 Girls 100 Fly		
35	8 Year Old Boys 25 Breast		
36	7 Year Old Boys 25 Breast		

**Session III Sunday Morning 8 & Under Girls / 9-10 Boys:
Warm-ups at 7:00am Meet Starts at 8:00am**

Event #	Events				Event #	Events			
47	10 Year Old	Boys	100	Back	61	10 Year Old	Boys	100	IM
48	9 Year Old	Boys	100	Back	62	9 Year Old	Boys	100	IM
49	8 Year Old	Girls	50	Free	63	8 Year Old	Girls	50	Breast
50	7 Year Old	Girls	50	Free	64	7 & Under	Girls	50	Breast
51	6 & Under	Girls	50	Free	65	10 Year Old	Boys	50	Fly
52	10 Year Old	Boys	50	Free	66	9 Year Old	Boys	50	Fly
53	9 Year Old	Boys	50	Free	67	8 & Under	Girls	50	Fly
54	8 Year Old	Girls	50	Back	68	10 Year Old	Boys	200	Free
55	7 Year Old	Girls	50	Back	69	9 Year Old	Boys	200	Free
56	6 & Under	Girls	50	Back	70	8 & Under	Girls	100	Medley Relay
57	10 Year Old	Boys	100	Breast	71	9-10	Boys	200	Medley Relay
58	9 Year Old	Boys	100	Breast					
59	8 Year Old	Girls	100	Free					
60	7 & Under	Girls	100	Free					

**Session IV Sunday Afternoon 8 & Under Boys / 9-10 Girls
Warm-ups at 12:00pm Meet Starts at 1:00pm**

Event #	Events				Event #	Events			
72	10 Year Old	Girls	100	Back	86	10 Year Old	Girls	100	IM
73	9 Year Old	Girls	100	Back	87	9 Year Old	Girls	100	IM
74	8 Year Old	Boys	50	Free	88	8 Year Old	Boys	50	Breast
75	7 Year Old	Boys	50	Free	89	7 & Under	Boys	50	Breast
76	6 & Under	Boys	50	Free	90	10 Year Old	Girls	50	Fly
77	10 Year Old	Girls	50	Free	91	9 Year Old	Girls	50	Fly
78	9 Year Old	Girls	50	Free	92	8 & Under	Boys	50	Fly
79	8 Year Old	Boys	50	Back	93	10 Year Old	Girls	200	Free
80	7 Year Old	Boys	50	Back	94	9 Year Old	Girls	200	Free
81	6 & Under	Boys	50	Back	95	8 & Under	Boys	100	Medley Relay
82	10 Year Old	Girls	100	Breast	96	9-10	Girls	200	Medley Relay
83	9 Year Old	Girls	100	Breast					
84	8 Year Old	Boys	100	Free					
85	7 & Under	Boys	100	Free					