

# NORTH BALTIMORE AQUATIC CLUB

## PROUDLY PRESENTS: THE FALL *FAST*ival

November 6-8, 2009

Sanctioned by the Maryland Swim LSC  
USA/MD#MD09-0035

**FACILITIES:** University of Maryland, Baltimore County Natatorium (UMBC). UMBC is an indoor eight lane, 25 yard pool with separate warm down pool which will be open during the meet. The facility has an automatic timing scoreboard, horn start and non-turbulent lane dividers.

MEET DIRECTOR:	Tom Yetter	MEET REFEREE:	Frank Knapik
MEET ENTRY:	Tom Yetter	OFFICIALS CONTACT:	Frank Knapik
	5700 Cottonworth Ave		<a href="mailto:TSK1955@aol.com">TSK1955@aol.com</a>
	Baltimore, MD 21209		410-661-5548
	410-433-8300	EMERGENCY WEATHER	Meadowbrook
	<a href="mailto:thomasyetter@hotmail.com">thomasyetter@hotmail.com</a>	CONTACT:	410-433-8300
		SAFETY COORDINATOR:	Anna Summerfield

### ELIGIBILITY:

Open to all USA registered swimmers who meet the qualifying time standards.

13&Older swimmers: Must have qualifying times equal to or faster than the USA Swimming 2009-2012 "A" standard.

13&Older swimmers who have two "A" times may swim any additional *bonus* events up to the meet limit.

12&Younger swimmers: Must have qualifying times equal to or faster than the USA Swimming 2009-2012 "BB" standard.

12&Younger swimmers who have two "BB" times may swim any additional *bonus* events up to the meet limit.

Qualifying times may come as SCY or LCM times. Converted times will not be accepted. Times will be checked by the USA Swimming SWIMS database. Times that are not found in the SWIMS database will be rejected. NT entries will only be accepted if a swimmer has two qualifying times. Swimmers age as of November 6, 2009 shall apply for the entire meet. No entrant will be permitted to compete unless that entrant is a member of USA Swimming as provided in Article 302 of the USA Swimming Rules and Regulations. Deck entries will not be accepted. On-deck registrations are not permitted.

### MEET INFORMATION:

Swimmers may enter four events per day excluding relays. Failure of any swimmer to comply with the four events per day rule will result in the swimmer being scratched from all events after the fourth entered event of that session at the discretion of the meet director. We reserve the right to change the warm up and start times after the entries are received. Please check [www.mdswim.org](http://www.mdswim.org) and [www.nbac.net](http://www.nbac.net) for any changes. The meet director reserves the right to limit entries to ensure that sessions fall within MD LSC Swimming Rules.

### POSTIVE CHECK IN EVENTS:

Positive check-in will be conducted for the 400 IM, 500 and 1650 Freestyles. If a swimmer fails to check in by the deadline below, they will not be allowed to compete in that event. If a swimmer checks in and then fails to swim in the event, the swimmer will be disqualified from his/her next individual event.

Friday: 400 IM and 500 Free

Due at 4:30 PM

Saturday: 1,650 Free

Due at 10:00 AM

Swimmers are responsible for providing their own timers and lap counters for the 500 and 1,650 Freestyle events.

Relays: All coaches must give the relay names and order to the computer staff before each relay swims.

### SEEDING:

All events will be seeded with SCY times first then LCM times, then NT's.

### ENTRIES:

\*\*All entries must be received no later than Monday October 26<sup>th</sup>, at 5:00 PM. Submit early to avoid being closed out. Entries will be limited at the discretion of the meet director. The meet director has the right to limit entries if the meet becomes over-subscribed according to MD Swimming Rules and Regulations. No phone entries will be accepted. Swimmers entering a meet must be registered with MSI by the meet entry deadline date. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete.

\*NBAC will accept entries via disk (Hy-Tek file) along with a hard copy print out of the entries (Hy-Tek by name, please check the proof of time option). Entries will not be considered “received” until the entry check is received.

\*NBAC will also accept entries via email (Hy-Tek file) along with a file containing the hard copy of the entries (Hy-Tek by name – Microsoft Word document, please check the proof of time option). Teams must also include a Microsoft Word or PDF document with the team entry information requested in the Team Summary Report (at the end of the meet notice). The host team will send a confirmation email within 24 hours of receipt. If you do not hear back from NBAC within 24 hours, then assume that your entries have not been received and call the Meet Entry Director or try to contact the Meet Director. Entries will not be considered received/complete until the entry check is received.

\*For any team entering 10 or fewer athletes into the meet, paper entries are accepted. Please fill out the Computer Entry Form and the Team Summary Report (both are at the end of the meet notice) and mail them along with the entry fee check (including the \$5.00 per swimmer paper entry surcharge).

\*All checks for entry fees should be made payable to the North Baltimore Aquatic Club and sent along with the entries, signature waived, to:

Tom Yetter  
5700 Cottonworth Ave  
Baltimore, MD 21209

**ENTRY FEES:** \$5.00 per individual event, \$16.00 per relay. \$5.00 surcharge per athlete for paper entries. Make all checks payable to the “North Baltimore Aquatic Club”.

**AWARDS:** 12&under swimmers will receive ribbons for 1<sup>st</sup>-8<sup>th</sup> place in individual events. Awards that are not picked up will not be mailed.

**RESULTS:** Final meet results will be posted on the Maryland Swimming webpage [www.mdswim.org](http://www.mdswim.org) and the prelims and finals meet results will be posted on the NBAC webpage [www.nbac.net](http://www.nbac.net) as soon as available.

**PROGRAMS/CONCESSIONS/SWIM APPAREL:** Programs, concessions, and a full range of swimming apparel and accessories will be available for sale at the meet.

**RULES:** Applicable 2009 USA Swimming rules shall govern this competition. Maryland Swimming rules shall also apply. USA Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. No one will be permitted on the pool deck unless they are registered with USA Swimming as an athlete, or as a non-athlete working the meet. The only exceptions will be for the timers and administrative staff assisting with the conduct of the meet.

No-Recall Starting Procedures: Starting procedures for this meet will be conducted in accordance with USA Swimming Rules, Section 102.14.4H

**OFFICIALS:** All USA certified officials are invited to work at this meet and should contact Frank Knapik at [TSK1955@aol.com](mailto:TSK1955@aol.com) or 410-661-5548 for scheduling purposes. USA credentials must be displayed at all times.

**DIRECTIONS:** From the North: Rt. 695, Wilkens Ave. West/South (Exit 12). Turn left off at the end of the ramp. Proceed one mile to UMBC Campus entrance.  
From the South: I95 North to Route 166 North. Follow signs to the pool.

**SESSION 1 FRIDAY****WARMUPS: 4:00 PM MEET STARTS: 5:00 PM**

1	Girls 13-14 400 IM	5	Girls 12 & Under 500 Freestyle	9	Girls 500 Freestyle
2	Boys 13-14 400 IM	6	Boys 12 & Under 500 Freestyle	10	Boys 500 Freestyle
3	Girls 400 IM	7	Girls 13-14 500 Freestyle		
4	Boys 400 IM	8	Boys 13-14 500 Freestyle		

**SESSION 2 SATURDAY MORNING****WARMUPS: 7:00 AM****MEET STARTS: 8:00 AM**

11	Girls 13-14 100 Backstroke	19	Girls 13-14 100 Breaststroke	27	Girls 13-14 200 IM
12	Boys 13-14 100 Backstroke	20	Boys 13-14 100 Breaststroke	28	Boys 13-14 200 IM
13	Girls 100 Backstroke	21	Girls 100 Breaststroke	29	Girls 200 IM
14	Boys 100 Backstroke	22	Boys 100 Breaststroke	30	Boys 200 IM
15	Girls 13-14 200 Butterfly	23	Girls 13-14 100 Freestyle	31	Girls 13-14 200 Freestyle Relay
16	Boys 13-14 200 Butterfly	24	Boys 13-14 100 Freestyle	32	Boys 13-14 200 Freestyle Relay
17	Girls 200 Butterfly	25	Girls 100 Freestyle	33	Girls 200 Freestyle Relay
18	Boys 200 Butterfly	26	Boys 100 Freestyle	34	Boys 200 Freestyle Relay

**SESSION 3 SATURDAY AFTERNOON****WARMUPS: 12:00 PM****MEETS STARTS: 1:00 PM**

35	Girls 10 & Under 50 Backstroke	45	Girls 10 & Under 50 Breaststroke	55	Girls 10 & Under 200 IM
36	Boys 10 & Under 50 Backstroke	46	Boys 10 & Under 50 Breaststroke	56	Boys 10 & Under 200 IM
37	Girls 11-12 50 Backstroke	47	Girls 11-12 50 Breaststroke	59	Girls 11-12 100 IM
38	Boys 11-12 50 Backstroke	48	Boys 11-12 50 Breaststroke	60	Boys 11-12 100 IM
39	Girls 12 & Under 200 Backstroke	49	Girls 12 & Under 200 Breaststroke	61	Girls 10&Under 200 Free Relay
40	Boys 12 & Under 200 Backstroke	50	Boys 12 & Under 200 Breaststroke	62	Boys 10&Under 200 Free Relay
41	Girls 10 & Under 100 Butterfly	51	Girls 10 & Under 100 Freestyle	63	Girls 11-12 200 Freestyle Relay
42	Boys 10 & Under 100 Butterfly	52	Boys 10 & Under 100 Freestyle	64	Boys 11-12 200 Freestyle Relay
43	Girls 11-12 100 Butterfly	53	Girls 11-12 100 Freestyle		
44	Boys 11-12 100 Butterfly	54	Boys 11-12 100 Freestyle		

**SESSION 4 SATURDAY EVENING WARMUPS: Immediately following session 3 MEET STARTS: 20 minutes following session 3**

65	Girls 1650 Freestyle	66	Boys 1650 Freestyle
----	----------------------	----	---------------------

**SESSION 5 SUNDAY MORNING****WARMUPS: 6:30 AM****MEET STARTS: 8:00 AM**

67	Girls 13-14 200 Backstroke	75	Girls 13-14 200 Breaststroke	83	Girls 13-14 200 Freestyle
68	Boys 13-14 200 Backstroke	76	Boys 13-14 200 Breaststroke	84	Boys 13-14 200 Freestyle
69	Girls 200 Backstroke	77	Girls 200 Breaststroke	85	Girls 200 Freestyle
70	Boys 200 Backstroke	78	Boys 200 Breaststroke	86	Boys 200 Freestyle
71	Girls 13-14 50 Freestyle	79	Girls 13-14 100 Butterfly	87	Girls 13-14 200 Medley Relay
72	Boys 13-14 50 Freestyle	80	Boys 13-14 100 Butterfly	88	Boys 13-14 200 Medley Relay
73	Girls 50 Freestyle	81	Girls 100 Butterfly	89	Girls 200 Medley Relay
74	Boys 50 Freestyle	82	Boys 100 Butterfly	90	Boys 200 Medley Relay

**SESSION 6 SUNDAY AFTERNOON****WARMUPS: 12:30 PM****MEETS STARTS: 1:30 PM**

91	Girls 10 & Under 200 Freestyle	101	Girls 11-12 50 Butterfly	111	Girls 11-12 50 Freestyle
92	Boys 10 & Under 200 Freestyle	102	Boys 11-12 50 Butterfly	112	Boys 11-12 50 Freestyle
93	Girls 11-12 200 Freestyle	103	Girls 12 & Under 200 Butterfly	113	Girls 10 & Under 100 IM
94	Boys 11-12 200 Freestyle	104	Boys 12 & Under 200 Butterfly	114	Boys 10 & Under 100 IM
95	Girls 10 & Under 100 Backstroke	105	Girls 10 & Under 100 Breaststroke	115	Girls 11-12 200 IM
96	Boys 10 & Under 100 Backstroke	106	Boys 10 & Under 100 Breaststroke	116	Boys 11-12 200 IM
97	Girls 11-12 100 Backstroke	107	Girls 11-12 100 Breaststroke	117	Girls 10&U 200 Medley Relay
98	Boys 11-12 100 Backstroke	108	Boys 11-12 100 Breaststroke	118	Boys 10&U 200 Medley Relay
99	Girls 10 & Under 50 Butterfly	109	Girls 10 & Under 50 Freestyle	119	Girls 11-12 200 Medley Relay
100	Boys 10 & Under 50 Butterfly	110	Boys 10 & Under 50 Freestyle	120	Boys 11-12 200 Medley Relay

