

Sixth Annual Unity Championship Swim Meet July 24-25, 2010

Sanctioned by Maryland Swimming, Inc. Sanction # MD 10-0027

Hosted By:	The Baltimore City Swim Club		
Location:	<i>The UMBC Natatorium The University of Maryland - Baltimore County 1000 Hilltop Circle Baltimore, MD 21250</i>		
Schedule of Events:	Coaches Meeting		TBA
	Sat. & Sun., July 24 and 25 Morning sessions	13 & Over	Warm-ups: 7:00 A.M. Session Starts: 8:00 A.M.
	Sat. & Sun., July 24 and 25 Afternoon sessions	12 & Under	Warm-ups: 12:00 NOON Session Starts: 1:00 P.M.
The Meet Director reserves the right to adjust the start times based on the number of entries received. Coaches will be notified of any change(s) to starting times.			
Facilities:	<ul style="list-style-type: none"> • UMBC has an outdoor eight-lane, 50-meter pool. The eight lane 25-yard indoor pool will be available for continuous warm up and cool down, during the meet, after regular warm up periods are over. The diving well is not to be used. Please inform your swimmers. • The facility has fully automatic timing, scoreboard, horn start, and non-turbulent lane dividers. • The minimum depth, measured in accordance with Article 103.2.3 is 6' and 6'1" at the start end and the turn end of the pool. • The competition course has not been certified in accordance with 104.2.2C(4). 		
Eligibility:	<ul style="list-style-type: none"> • This meet is open to all USS registered swimmers. The swimmer's age as of July 24, 2010 shall apply for the entire meet. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete. • NT/No Time entries will be accepted. 		
Entries:	<ul style="list-style-type: none"> • Entries can be submitted by email, on computer disk using Hy-tek software with a hard copy, Team Manager print out, and contact number or on entry forms available from the Meet Entry Director. • Individual swimmers may swim a maximum of four (4) Individual Events, plus relays, per session. • All entries must be submitted with Long Course Times (converted times are acceptable). • Each Team <i>must</i> also submit a Team Manager Individual Entries Summary Report. • Checks for Entry Fees should be made payable to The Baltimore City Swim Club and mailed (No signature required) with disk (or Entry Forms) to: <ul style="list-style-type: none"> Baltimore City Swim Club C/O Karen Coleman – Meet Entry Director 1529 Kennewick Road Baltimore, MD 21218 <p style="text-align: center;">Email entries to: KarenC03@comcast.net</p> <ul style="list-style-type: none"> • Please note: Entries received without payment will not be accepted. E-mail entries will not be considered complete until the Meet Entry Director has received payment for those entries. To verify on-time receipt of your entries, please include a stamped self-addressed postcard or envelope. 		

Fees:	<ul style="list-style-type: none"> • \$6.00 for each Individual Event • \$14.00 for each Relay Event • \$2.00 per swimmer surcharge for paper (manual) entries. • There will be no deck entries for this meet
Entry Deadline:	<ul style="list-style-type: none"> • The Meet Entry Director must receive all entries no later than 5:00 p.m. on Wednesday, July 14, 2010. • Maryland LSC teams whose entries are received by July 7th will have first priority. • Please submit early to avoid being closed out.
Rules:	<ul style="list-style-type: none"> • Applicable USA Swimming Rules shall govern this competition. • Maryland Swimming rules shall also apply where appropriate. • USA Swimming/Maryland Swimming Safety Guidelines and warm-up procedures will be in effect for the entire meet. • Spectators will only be permitted in designated areas of the pool deck unless they are registered with USS as an athlete or as a non-athlete and are working at the meet. The only exception is for the timers and volunteers assisting with the conduct of the meet. Coaches: You will be permitted inside the roped off areas of the deck provided you do not interfere with those conducting the meet and you are wearing your coaching credentials.
Awards:	<ul style="list-style-type: none"> • Individual Events: 1st Medals, 2nd – 8th Ribbons • Relays: 1st - 3rd Ribbons <p>The awards for the 10 & Under category will be awarded separately for the 8 & Under and 9–10 age groups.</p>
Results:	<ul style="list-style-type: none"> • Meet Results will be available for download or printing from the Maryland Swimming Website www.mdswim.org within 48 hours after the meet. • Teams that submit their meet entries on computer disk can receive their disks back with Meet Results in Team Manager format. • If a team requires a paper copy of the Meet Results, this will be mailed within 2 weeks of the meet at a cost of \$10.00.
Programs:	<ul style="list-style-type: none"> • Programs will be made available at all sessions at a nominal cost.
Food/Apparel:	<ul style="list-style-type: none"> • A full range of food, drinks and swimming apparel will be on sale during all Saturday and Sunday sessions.
Meet Director:	<p style="text-align: center;">Meet Director – Rahim Booth 4109 Woodhaven Avenue Baltimore, MD 21216 Rbooth@coppin.edu 410-948-5580 (COACHES ONLY PLEASE)</p>
Safety Director:	<ul style="list-style-type: none"> • Benjamin Griffin <p>USA Swimming/Maryland Swimming Warm-up and Safety Guidelines will be in effect for the entire meet.</p>
Inclement Weather:	<p>UMBC procedures for thunder and lightning will be in effect. Should conditions delay a session for 1 hour, a meeting with coaches, the Meet Director and the Meet Referee will be conducted to determine the management of the remaining events of the session.</p>
Meet Referee:	Linda Sue Lottes
Officials:	<p>All USA Swimming certified officials willing to volunteer should contact Linda Sue Lottes at lottesblossom19@verizon.net</p>

Directions:	<p>From the North:</p> <ul style="list-style-type: none"> • Take the Baltimore Beltway (I-695 Outer Loop) West/South to Exit 12-C, Wilkens Avenue. • At the traffic light, turn Left onto Wilkens Avenue. • Turn Left again at the first traffic light onto Walker Avenue (~1 Mile). • Turn Right at the Stop Sign onto Hilltop Circle. • The UMBC pool is ~½ mile around the circle. • Turn Left onto Administration Drive. • The UMBC pool is on the right behind the UMBC Fieldhouse. • To reach additional parking continue past Administration Drive, and turn left onto Library Drive, then right into additional lots.
	<p>From the South:</p> <ul style="list-style-type: none"> • Take I-95 North to 195 West • Take first Exit off 195 West, which will lead you onto the UMBC Campus via UMBC Boulevard. • Turn Right onto Hilltop Circle and then Left onto Administration Drive • The pool is on the right behind the UMBC Fieldhouse. • Parking Lot 10 is in front of the Fieldhouse.
Hotels	<p>Airport area hotels are about a ten-minute drive to the UMBC campus. Other hotels are about a 15-minute drive. A few hotels are located in areas where walking to restaurants or shopping is convenient.</p> <p>Airport Area</p> <p>Best Western BW Airport. 410-796-3300. 6755 Dorsey Road. BWI Marriott Hotel. 410-691-2967 Comfort Inn Airport. 410-789-9100. 6921 Baltimore-Annapolis Blvd. Near Checkers and Bogies Hoagies restaurants. Comfort Suites BWI Airport. 410-691-1000. 815 Elkridge Landing Road. Courtyard BW Airport. 410-859-8850. 1671 W. Nursery Road. Short walk to multiplex movie theater with stadium seating. Extended StayAmerica. 410-850-0400. 1500 Aero Drive. Hampton Inn BWI Airport. 410-850-0600 Ramada Inn Airport. 7253 Parkway Drive. 132 rooms. 410-712-4300</p> <p>Other nearby locations</p> <p>Hampton Inn 8880 Columbia 100 Parkway (Columbia) 410-997-8555. Many food options nearby. Convenient to shopping and movie theaters.</p> <p>Hilton Garden Inn 8241 Snowden River Parkway (Columbia) 410-750-3700. Many food options nearby. Convenient to shopping and movie theaters. Marriott Residence Inn. 1160 Winterson Road. 410-691-0255 Courtyard by Marriott (Columbia). 8910 Stanford Blvd. Near LoneStar Steakhouse, Hard Times Café, Noodle Corner. Hampton Inn Governor Plaza Glen Burnie. 6617 Glen Burnie Ritchie Highway. Behind Denny's, near strip mall, Krispy Kreme Donuts, and Old Country Buffet. Holiday Inn-Express (Hanover) 410-684-3388. 7481 Ridge Road. Close to Denny's, Outback SteakHouse, Roy Rogers, a deli and a Chinese restaurant. Extended Stay (Columbia) 410-772-8800. 8870 Columbia 100 Parkway.</p>

Session	Date	Events	Warm-ups Start	Events Start
1	Sat., July 25th	13-14 & Open	7:00 a.m.	8:00 a.m.
Women	Qualifying Time	Event	Qualifying Time	Men
1	NT	Open 200 Free	NT	2
3	NT	13-14 200 Free	NT	4
5	NT	Open 50 Breast	NT	6
7	NT	13-14 50 Breast	NT	8
9	NT	Open 100 Fly	NT	10
11	NT	13-14 100 Fly	NT	12
13	NT	Open 50 Back	NT	14
15	NT	13-14 50 Back	NT	16
17	NT	Open 100 Free	NT	18
19	NT	13-14 100 Free	NT	20
21	NT	Open 200 Free Relay	NT	22
23	NT	13-14 200 Free Relay	NT	24
Session	Date	Events	Warm-ups Start	Events Start
2	Sat., July 25th	10 & Under and 11-12	12:00 p.m.	1:00 p.m.
Women	Qualifying Time	Event	Qualifying Time	Men
25	NT	11-12 200 Free	NT	26
27	NT	10 & U 200 Free	NT	28
29	NT	11-12 50 Breast	NT	30
31	NT	10 & U 50 Breast	NT	32
33	NT	11-12 100 Fly	NT	34
35	NT	10 & U 100 Fly	NT	36
37	NT	11-12 50 Back	NT	38
39	NT	10 & U 50 Back	NT	40
41	NT	11-12 100 Free	NT	42
43	NT	10 & U 100 Free	NT	44
45	NT	11-12 200 Free Relay	NT	46
47	NT	10 & U 200 Free Relay	NT	48

Session	Date	Events	Warm-ups Start	Event Start
3	Sun., July 26th	13-14 & Open	7:00 a.m.	8:00 a.m.
Women	Qualifying Time	Event	Qualifying Time	Men
49	NT	Open 200 IM	NT	50
51	NT	13-14 200 IM	NT	52
53	NT	Open 50 Fly	NT	54
55	NT	13-14 50 Fly	NT	56
57	NT	Open 100 Back	NT	58
59	NT	13-14 100 Back	NT	60
61	NT	Open 100 Breast	NT	62
63	NT	13-14 100 Breast	NT	64
65	NT	Open 50 Free	NT	66
67	NT	13-14 50 Free	NT	68
69	NT	Open 200 Medley Relay	NT	70
71	NT	13-14 200 Medley Relay	NT	72
Session	Date	Events	Warm-ups Start	Event Start
4	Sun., July 26th	10 & Under and 11-12	12:00 p.m.	1:00 p.m.
Women	Qualifying Time	Event	Qualifying Time	Men
73	NT	11-12 200 IM	NT	74
75	NT	10 & U 200 IM	NT	76
77	NT	11-12 50 Fly	NT	78
79	NT	10 & U 50 Fly	NT	80
81	NT	11-12 100 Back	NT	82
83	NT	10 & U 100 Back	NT	84
85	NT	11-12 100 Breast	NT	86
87	NT	10 & U 100 Breast	NT	88
89	NT	11-12 50 Free	NT	90
91	NT	10 & U 50 Free	NT	92
93	NT	11-12 200 Medley Relay	NT	94
95	NT	10 & U 200 Medley Relay	NT	96

Team Information

Today's Date:

Team Name:			
Team Abbreviation:		LSC Code:	
Head Coach:			
Deck Coach:			
Additional Coaches/Managers:			
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Mail All Correspondence to

Name:					
Street:					
City:		State:		Zip:	
Telephone		E-Mail:			

Relay Entry Sheet

	Today's Date:
Team Name:	Team Abbreviation:

Relay Desc (A, B, etc.)		Age Group:	
Event #:		Relay Type: (circle one)	Medley Free
Entry Time (LCM only):			
	Last Name	First Name	
Swimmer 1			
Swimmer 2			
Swimmer 3			
Swimmer 4			

Relay Desc (A, B, etc.)		Age Group:	
Event #:		Relay Type: (circle one)	Medley Free
Entry Time (LCM only):			
	Last Name	First Name	
Swimmer 1			
Swimmer 2			
Swimmer 3			
Swimmer 4			

Age Group	Total # of Swimmers	Total # of Individual Entries		Individual Entry Fee		Total Individual Entry Fees
10 & U Boys			X	\$6.00	=	
11-12 Boys			X	\$6.00	=	
13-14 Boys			X	\$6.00	=	
Open Boys			X	\$6.00	=	
10 & U Girls			X	\$6.00	=	
11-12 Girls			X	\$6.00	=	
13-14 Girls			X	\$6.00	=	
Open Girls			X	\$6.00	=	
				Subtotal	=	
Age Group	Total # of Relay Entries			Relay Entry Fee		Total Relay Entry Fees
10 & U Boys			X	\$14.00	=	
11-12 Boys			X	\$14.00	=	
13-14 Boys			X	\$14.00	=	
Open Boys			X	\$14.00	=	
10 & U Girls			X	\$14.00	=	
11-12 Girls			X	\$14.00	=	
13-14 Girls			X	\$14.00	=	
Open Girls			X	\$14.00	=	
				Subtotal	=	
Total Individual + Relay Entry Fees					=	

Club Name:		Club Abbreviation:	
Club Rep.		Phone:	
E-Mail Address:			
Address:			
Return this Team Summary Sheet, Individual & Relay Entry Sheets and a check for applicable fees, payable to The Baltimore City Swim Club , to			
Baltimore City Swim Club C/O Karen Coleman – Meet Entry Director 1529 Kennewick Road Baltimore, MD 21218			