

Maryland Swimming Junior Championship Meet

hosted by the Chesapeake Bay Aquatic Club

March 11-13, 2011

St. Mary's College, St. Mary's City, MD

Sanctioned by Maryland Swimming, Inc.
Sanction #MD10/11-0022

LOCATION:	Athletics and Recreation Center (ARC) Aquatics Center 18952 E. Fisher Rd St. Mary's College of Maryland St. Mary's City, MD 20686 Phone: 240-895-4798		
FACILITY:	St. Mary's College features an Indoor eight-lane 25-yard pool, non-turbulent lane lines, and continuous flow through gutters. The meet is run using the Daktronics timing system. The competition course has not been certified in accordance with 104.2.2c(4). The depth of the competition pool is 7 feet(2.1 meters) to 7 feet 6 inches (2.3 meters) from both ends of the wall. Results will be posted continuously throughout the meet. Note: Chairs are not permitted in the stands area. Parking: Please park only in designated parking spaces. Vehicles parked in the grass are subject to towing.		
SCHEDULE:	Friday Evening	9 & Over	Warm-ups 4:00pm, meet starts 5:00pm <i>* Entrants in the 500 must provide own timer and counter.</i>
	Saturday Morning	9-10, 11-12	Warm-ups 7:00am, meet starts 8:00am
	Saturday Afternoon	13-14, 15 & Over	Warm-ups 12:00pm, meet starts 1:00pm
	Sunday Morning	9-10, 11-12	Warm-ups 7:00am, meet starts 8:00am
	Sunday Afternoon	13-14, 15 & Over	Warm-ups 12:00pm, meet starts 1:00pm
Note: The meet director reserves the right to adjust the above warm-up/meet start times based on entries received.			
MEET DIRECTOR:	Tina Flood 21928 Society Hill Rd. Leonardtown, MD 20650 301-997-1057 Email: chflood@msn.com		

MEET ENTRY COORDINATOR:	Linda Davis 41045 Paw Paw Hollow Ln Leonardtown, MD 20650 301-475-2540 Email: davislj@md.metrocast.net
SAFETY DIRECTOR:	Stan Beall (H) 301-863-7606 Email: beallfs@md.metrocast.net
MEET REFEREE:	Steve Culpepper 40576 Shaker Run Ct. Leonardtown, MD 20650 (H) 301-475-6799 Email: cbac@cbacswimming.org
RULES:	<p>Applicable USA Swimming rules shall govern this competition. Maryland Swimming rules shall also apply. USA SWIMMING / MD SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>No one will be permitted on the pool deck unless he/she is registered with USA Swimming as an athlete or as a non-athlete working at the meet (USA Swimming registration cards must be displayed at all times). The only exceptions will be for timers and administrative staff assisting with the conduct of the meet.</p> <p>The Meet Director reserves the right to combine or otherwise adjust the order of events.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>NO ON-DECK REGISTRATIONS WILL BE PERMITTED.</p>
ELIGIBILITY:	<p>The meet is open to all 2011 USA/Maryland registered swimmers. The meet is closed to swimmers outside the Maryland Swimming LSC.</p> <p>Age as of March 11, 2011 shall apply for the entire meet. Swimmers must meet the time standards listed for each event.</p> <p>No entrant will be permitted to compete unless that entrant is a member of USA Swimming as provided in Article 302 of the USA Swimming Rules and Regulation. Clubs who enter swimmers who are not registered by March 9th will be fined \$100.00 per swimmer and the swimmers will not be allowed to compete in accordance to Maryland Swimming rules.</p>

ENTRY LIMITS	<p>Swimmers are limited to (4) events per session. The meet director reserves the right to limit entries to stay within the applicable time constraints of the meet.</p> <p>NO DECK SEED ENTRIES WILL BE ACCEPTED.</p>
TIME QUALIFICATIONS:	<p>For all age groups, entry times must be faster than or equal to 2011 "BB" times but slower than 2011 Maryland LSC Swimming Championships Qualifying Times.</p> <p>No time entries are NOT acceptable.</p> <p>Qualifying Times must have been achieved in a short course yard pool. Converted times will NOT be accepted.</p> <p>Time Standard Exception: Swimmers with times meeting the 2011 Maryland LSC Swimming Championships time standards but not achieved in a short course pool since March 4th, 2010 may be swum in this meet.</p>
BONUS EVENTS	<p>Bonus events will be offered for the 11 & 12 and 10 & U age groups. The following guidelines will be used for the bonus events:</p> <ul style="list-style-type: none"> • Qualify for 1 or more event, you get 2 bonus events. • The bonus events may be on any day of the meet. • Events of 400 yards and longer may not be used as a bonus event (500 FR, 400 IM). <p>The bonus events must meet the following time standards:</p> <ul style="list-style-type: none"> • 50 YD bonus events must be within 1/2 second of the qualifying time for that event. • 100 YD bonus events must be within 1 second of the qualifying time for that event. • 200 YD bonus events must be within 2 seconds of the qualifying time for that event. <p>Note: If the meet becomes oversubscribed the bonus events will be the first entries removed from the meet. The 200 YD bonus events will be eliminated first with the 100 YD and 50 YD bonus events next if necessary.</p>
PROOF OF TIMES:	<p>Times will be verified through the SWIMS database. Coaches should be prepared to submit proof of times upon request by the meet entry coordinator for those times rejected by SWIMS. The HY-Tek proof of times report must be submitted with your entries. Note: official splits may be used but must exist in SWIMS. Failure to prove a time will result in the swimmer being scratched from that event.</p>

ENTRY PROCEDURES:

MAILED ENTRIES:

All entries must be submitted via email, 3.5 floppy disk, USB drive, or CD or submitted on the swimmer entry form (at the bottom of this meet notice). If information is submitted on the form, it must be complete and printed legibly.

A printed hard copy of the entries must be included. The hard copy must include the "proof of times" option in the report of your entries.

To obtain the above report from Team Manager:

1. Click on Reports.
2. Click on Performance.
3. Click on Meet Entries.
4. Choose "2011 MD Swimming Jr Champs"
5. Choose "include proof of times" option.
6. Print Report.

E-MAILED ENTRIES:

Email to davislj@md.metrocast.net

A report of the entries in word format must be attached to the email. The attachment must include the "proof of times" option in the report of your entries.

To obtain the above report from Team Manager:

1. Complete steps one through five above.
2. Click the export button (envelope with arrow).
3. Select "Word for windows document" in the Format drop down menu.
4. Save the file and attach it to the email.

ENTRIES MUST INCLUDE ALL OF THE ABOVE, IN THE CORRECT FORMAT OR THEY WILL BE REJECTED!

A meet set up file for Team Manager will be available on the Maryland Swimming website.

ENTRY DEADLINE:

All entries must be received by the Meet Entry Coordinator by 5:00 PM on March 2, 2011.

Mail entries with **required signature waived** to:

Linda Davis
41045 Paw Paw Hollow Ln
Leonardtown, MD 20650
(H) 301-475-2540
Email: davislj@md.metrocast.net

You may also email your entries to davislj@md.metrocast.net. The required reports, team manager sheet, and fees must still be received by the Entry Coordinator by the entry deadline.

ENTRY FEES:	<p>\$6.00 per individual event (hy-tek entries) \$7.00 per individual event (paper entries)</p> <p>Make checks payable to the Chesapeake Bay Aquatic Club or CBAC.</p>
OFFICIALS:	<p>All certified USA officials willing to volunteer their services should contact Steve Culpepper (301) 475-6799 or at cbac@cbacswimming.org.</p>
AWARDS:	<p>Ribbons will be awarded for first through eight place by age group: 9-10, 11-12, 13- 14, and 15 & over.</p>
RESULTS:	<p>Results will be posted continuously throughout the meet. Additionally, results will be available for downloading from the MD swimming web site at www.mdswim.org 48 hours after the conclusion of the meet and from www.cbacswimming.org. Teams entering the meet by disk or usb drive will be provided the results on disk or usb drive at the conclusion of the meet. Printed results will be mailed upon request only.</p>
CONCESSIONS:	<p>An assortment of food and beverages will be available for sale.</p>
PROGRAMS:	<p>Programs will be on sale at the concession stand at the cost of \$10.00 each.</p>
SWIM ACCESSORIES:	<p>A full line of swim apparel and accessories will be available for sale.</p>
DIRECTIONS:	<p>From the Washington Beltway, take Rt. 5 south to Waldorf. Turn left/south on Rt. 235 / Rt. 5 in Waldorf and stay straight on Rt. 235 to Lexington Park. After reaching Lexington Park, you will pass the main gate at the Patuxent River Naval Air Station. Continue past Lexington Park for six (6) miles and make a right onto Mattapany Road. Go approximately 1.8 miles and turn right onto E. Fisher Rd. The ARC Center is the large brick building on the right.</p> <p>You may also take Rt. 4 south from the Washington Beltway to Solomon's Island. Cross the bridge and proceed to the intersection of Rt. 4 and Rt. 235. Make a left on Rt. 235 south to Lexington Park and follow the highlighted directions from Lexington Park to the pool.</p> <p>From Baltimore take Rt. 301 south to Rt. 4 in Upper Marlboro. Take Rt. 4 south beyond Solomon's Island. Cross the bridge and drive to the next intersection which is Rt. 235. Turn Left onto Rt. 235 and follow it to Lexington Park. From Lexington Park follow the highlighted directions above.</p> <p>From Annapolis take Rt. 2/4 south to the intersection in Sunderland. Turn left/south to follow Rt. 4 through Solomon's Island. Cross the bridge and drive to the next intersection which is Rt. 235. Turn left onto Rt. 235 and follow it to Lexington Park. From Lexington Park follow the highlighted directions to the pool.</p> <p>View mapquest map. View campus map. (park in lot Z and follow College Dr to recreation center (between building 28 and parking lot Y)</p>

HOTELS:

Fairfield Inn, Lexington Park
22119 Three Notch Road
Lexington Park, MD
301-863-0203

[View hotel information](#)

Hampton Inn, Lexington
Park 22211 Three Notch
Road
Lexington Park, MD
301-863-3200

[View hotel information](#)

La Quinta Inns & Suites
22769 Three Notch Road
California, MD
301-862-4100

[View Hotel Information](#)

Holiday Inn, Solomons
155 Holiday Drive
Solomons, MD
410-326-6311

[View hotel information](#)

Hilton Garden Inn, Solomons
13100 Dowell Rd.
Dowell, MD 20629
410-326-0303

[View Hotel Information](#)

Sleep Inn
23428 Three Notch Road
California, MD 20619
301-737-0000

[View Hotel Information](#)

Super 8, California
22801 Three Notch Road
California, MD
301-862-9822

[View Hotel Information](#)

Country Inns & Suites
44941 Worth Lane
California, MD
301-737-5227

[View Hotel Information](#)

Hilton Garden Inn, Solomons
13100 Dowell Rd.
Dowell, MD 20629
410-326-0303

[View Hotel Information](#)

Comfort Inn, Solomons
255 Lore Rd.
Solomons, MD
410-326-6303

[View hotel information](#)

**Chesapeake Bay Aquatic Club
Maryland Swimming Junior Championships**

Order of Events

Session 1: Friday Evening, March 11, 2011

Warm-ups at 4:00 PM; Meet Starts at 5:00 PM

** Entrants in the 500 must provide own timer and counter.*

Event # Girls	Faster Than	Slower Than	Age	Event Name	Faster Than	Slower Than	Event # Boys
1	6:04.19	5:28.09	11-12	400 IM	5:56.29	5:28.09	2
	5:44.29	4:59.99	13-14	400 IM	5:25.49	4:53.99	
	5:35.69	4:50.49	15 & Over	400 IM	5:11.79	4:30.99	
3	7:39.49	6:48.39	9-10	500 Free	7:35.19	6:48.39	4
	6:40.09	5:53.89	11-12	500 Free	6:35.09	5:53.89	
	6:22.39	5:29.99	13-14	500 Free	6:03.19	5:19.99	
	6:16.29	5:21.99	15 & Over	500 Free	5:51.29	4:59.99	

Note: Events will be swum combined but awards will be presented by age group.

Session 2: Saturday Morning, March 12, 2011

Warm-ups at 7:00 AM; Meet Starts at 8:00 AM

Event # Girls	Faster Than	Slower Than	Age	Event Name	Faster Than	Slower Than	Event # Boys
5	36.79	33.29	11-12	50 Back	36.49	33.49	6
7	1:42.09	1:26.69	9-10	100 Fly	1:40.39	1:26.69	8
9	2:51.79	2:38.29	11-12	200 Fly	2:48.29	2:38.29	10
11	43.49	38.19	9-10	50 Back	43.69	38.19	12
13	1:21.09	1:11.79	11-12	100 Back	1:19.09	1:11.99	14
15	1:46.69	1:33.39	9-10	100 Breast	1:43.69	1:33.39	16
17	3:11.69	2:56.29	11-12	200 Breast	3:07.29	2:56.29	18
19	1:21.59	1:11.99	9-10	100 Free	1:19.99	1:11.99	20
21	1:08.29	1:01.99	11-12	100 Free	1:07.89	1:02.29	22
23	1:33.79	1:21.49	9-10	100 IM	1:31.19	1:21.49	24
25	2:50.69	2:32.99	11-12	200 IM	2:49.39	2:33.99	26
27	35.09	31.89	11-12	50 Fly	35.19	31.89	28

Note: Events will be swum combined but awards will be presented by age group.

Session 3: Saturday Afternoon, March 12, 2011

Warm-ups at 12:00 PM; Meet Starts at 1:00 PM

Event # Girls	Faster Than	Slower Than	Age	Event Name	Faster Than	Slower Than	Event # Boys
29	2:40.99	2:22.39	13-14	200 Fly	2:31.99	2:17.99	30
31	2:36.49	2:20.49	15 & Over	200 Fly	2:24.49	2:08.99	32
33	1:14.19	1:05.89	13-14	100 Back	1:09.59	1:03.29	34
35	1:12.09	1:03.89	15 & Over	100 Back	1:06.19	58.09	36
37	3:00.69	2:40.99	13-14	200 Breast	2:49.39	2:33.09	38
39	2:56.39	2:35.79	15 & Over	200 Breast	2:42.59	2:23.89	40
41	1:07.39	58.09	13-14	100 Free	1:02.19	55.29	42
43	1:05.79	55.69	15 & Over	100 Free	59.79	50.99	44
45	2:42.99	2:21.99	13-14	200 IM	2:31.99	2:16.99	46
47	2:39.29	2:15.99	15 & Over	200 IM	2:26.39	2:04.90	48

Note: Events will be swum combined but awards will be presented by age group.

Session 4: Sunday Morning, March 13, 2011

Warm-ups at 7:00 AM; Meet Starts at 8:00 AM

Event # Girls	Faster Than	Slower Than	Age	Event Name	Faster Than	Slower Than	Event # Boys
49	40.89	37.19	11-12	50 Breast	40.79	37.19	50
51	42.99	37.29	9-10	50 Fly	41.99	37.29	52
53	1:20.19	1:11.59	11-12	100 Fly	1:18.69	1:11.59	54
55	1:33.99	1:21.59	9-10	100 Back	1:32.09	1:21.59	56
57	2:48.89	2:32.99	11-12	200 Back	2:45.59	2:35.29	58
59	47.79	42.49	9-10	50 Breast	47.89	42.49	60
61	1:29.29	1:20.59	11-12	100 Breast	1:27.79	1:20.59	62
63	35.99	32.39	9-10	50 Free	35.19	32.39	64
65	31.89	28.29	11-12	50 Free	30.99	28.49	66
67	3:19.39	2:55.99	9-10	200 IM	3:18.09	2:55.99	68
69	1:20.09	1:10.99	11-12	100 IM	1:17.59	1:11.69	70
71	2:58.29	2:36.39	9-10	200 Free	2:50.89	2:36.39	72
73	2:31.49	2:15.69	11-12	200 Free	2:27.49	2:15.69	74

Note: Events will be swum combined but awards will be presented by age group.

Session 5: Sunday Afternoon, March 13, 2011

Warm-ups at 12:00 PM; Meet Starts at 1:00 PM

Event # Girls	Faster Than	Slower Than	Age	Event Name	Faster Than	Slower Than	Event # Boys
75	1:13.49	1:05.09	13-14	100 Fly	1:08.09	1:02.09	76
77	1:11.79	1:02.09	15 & Over	100 Fly	1:05.09	56.59	78
79	2:39.59	2:20.79	13-14	200 Back	2:29.79	2:15.99	80
81	2:35.89	2:15.99	15 & Over	200 Back	2:23.39	2:05.59	82
83	1:24.09	1:14.79	13-14	100 Breast	1:18.09	1:10.79	84
85	1:21.99	1:13.19	15 & Over	100 Breast	1:14.69	1:06.29	86
87	30.99	26.89	13-14	50 Free	28.49	25.49	88
89	30.39	26.19	15 & Over	50 Free	27.39	23.39	90
91	2:24.99	2:03.99	13-14	200 Free	2:15.69	1:58.99	92
93	2:21.19	2:00.49	15 & Over	200 Free	2:10.09	1:50.09	94

Note: Events will be swum combined but awards will be presented by age group.

**Chesapeake Bay Aquatic Club
Maryland Swimming Junior Championships**

Team Summary Sheet

Mail, postal express, or federal express this form with your entries and fees with
SIGNATURE WAIVED to:

Linda Davis
41045 Paw Paw Hollow Ln
Leonardtown, MD 20650
(H) 301-475-2540

Email:

[mailto:davislj@md.metrocast.net?subject=Maryland%20Swimming%20Junior%20Championshi
ps](mailto:davislj@md.metrocast.net?subject=Maryland%20Swimming%20Junior%20Championshi
ps)

Make checks payable to "**Chesapeake Bay Aquatic Club**"

Club Name: _____

Club Code: _____

Coach: _____ Phone: _____

E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Total Individual Entries: _____ x \$6.00 (hy-tek) or \$7.00 (paper) =

Entries must be received by Wednesday, March 2, 2011 @ 5:00 PM.