

**"A" Buster (Long Course)
Naval Academy Aquatic Club
June 4 - 5, 2011
Sanctioned by Maryland Swimming, Inc.
Sanction #MD10/11-031**

Updated Sanction# MD10/11-031A for addition of 800

**Updated Sanction #MD10/11-031B to accommodate
oversubscription**

LOCATION: Lejeune Hall, United States Naval Academy, Annapolis, MD.

FACILITY: Indoor, 10-lane, 50 meter pool with 8-foot constant depth, non-turbulent lane lines, electronic timing and computerized seeding and scoring. The pool depth throughout is 8'0". This pool is not certified by USA Swimming. A 20-yard x 23-yard diving well will be available throughout the meet for warm-up and warm-down.

MEET DIRECTOR: Kim Daugherty
Kimberlie.daugherty@force3.com

MEET REFEREE: Carol Forsyth
410-573-4910
cdfnp@comcast.net

MEET ENTRY DIRECTOR: Liz Slear
328 Beach Drive
Annapolis, MD 21403
410-268-4773
eslear@comcast.net

SAFETY DIRECTOR: Tim Kniola
timster1966@hotmail.com

ELIGIBILITY: Open to all USA registered swimmers with times slower than the 2009-2012 LONG COURSE METERS "A" times for all events except for the 800-meter freestyle which has no entry limitations.

All times must be submitted in long-course meters. No Time entries will be accepted. 15/16 standards will apply to the 15&O and Open events except for the 800 free, which has no entry limitations.

RULES: All current USA Swimming and Maryland Swimming rules shall govern this competition, including safety guidelines and warm-up procedures. No one will be permitted on deck except USS registered athletes and individuals who are working as officials. The only exceptions will be timers and administrative staff assisting with the conduct of the meet. All coaches and officials must visibly display current USA Swimming membership identification in order to gain access to the pool deck. Starting procedures for this meet will be conducted in accordance with USA Swimming Rules, Section 102.14.4H (no-recall starting procedures).

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

At the request of the United States Naval Academy, swimmers are not to leave the pool deck without appropriate attire consisting of shoes and sweats (top and bottom) or shirt and pants.

Dive-overs will be done throughout the meet. Coaches are asked to familiarize their swimmers with this starting procedure.

All swimmers in sessions 1A and 5 must provide their own timers and counters.

ENTRIES: Entries will be sent by e-mail to the meet entry director. The e-mail must include a Hy-Tek entry file, a Word file of the swimmers' names and events, and the name, e-mail address, and phone number of a team representative in case of questions regarding the entries.

The entry director will promptly acknowledge receipt via e-mail. If you don't hear from her in a day or so, please resend your entries. A printed copy of the entries and a

check to cover the entry fees must be mailed within 48 hours of the entry deadline. Entries are not considered complete until the entry director receives the check.

No deck entries will be accepted.

Swimmers entering a meet must be registered with USA Swimming by the meet entry deadline. Per Maryland Swimming rules, a club will be fined \$100.00 per unregistered swimmer.

The meet director will attempt to have a psych sheet, warm-up schedule, and meet timeline posted on the Maryland Swimming website 72 hours before the start of the meet.

ENTRY FEES: \$6.00 per individual event. Make checks payable to NAAC.

ENTRY LIMIT: Swimmers may enter a maximum of 4 individual events per day.

ENTRY DEADLINE: The meet entry director must receive all entries no later than 5:00 pm on May 25, 2011. Maryland LSC teams will have priority in the event that any session is oversubscribed.

ORDER OF EVENTS: See attached events listing. Times for the warm-up and the start of each session will be as follows:

Saturday, June 4, Session # 1, 10&U and 11/12 - Warm-up: 7:00 am, Session starts: 8:00 am

Saturday, June 4, Session #1A, 12&U 400 free – Session starts: noon
(positive check-in for 12&U 400 free: 9:00 am, June 4)

Saturday, June 4, Session #2, 13/14 and 15&O – Warm-up: 1:15 pm, Session starts: 2:15 pm
(Open 400 free)

Sunday June 5, Session #3, 10&U and 11/12 - Warm-up: 7:00 am, Session starts: 8:00 am

Sunday, June 5, Session #3A, 10&U and 11/12 200 free – Session starts: noon
Sunday June 5, Session #4: 13/14 and 15&O - Warm-up: 1:00 pm, Session starts: 2:00 pm
(Open 400 IM)

Sunday, June 5, Session #5: open 800 free – Warm-up: 5:25 pm, Session starts: 5:45 pm
(positive check-in: 1:00 pm, June 5)

UPDATES: The start times shown above were adjusted to accommodate oversubscription. A new sanction number was approved by Maryland Swimming for this meet notice. The start times listed for each session in meet notices prior to May 28, 2011 no longer apply.

MEET RERERE: Officials wishing to volunteer for this meet should contact the Meet Referee. Officials who are registered and planning to work at the meet will be issued parking passes by using the procedure outlined in the "Vehicle Passes" section below.

AWARDS: Individual Events will be awarded Ribbons 1st – 8th place for all age groups except 15&O. All ribbons will be given to coaches at the end of the Sunday afternoon session.

MEET RESULTS: Complete results will be e-mailed to the coaches shortly after the last event. Meet results will also be posted on the Maryland Swimming website (www.mdswim.org) 48 hours after conclusion of the meet.

CONCESSIONS: A wide variety of food and beverages will be available from a meet concessions stand located on the second floor in Lejeune Hall.

Apparel: A complete line of swimmer apparel including swimsuits, goggles, caps, shirts, etc. will be offered by SwimPro.

PROGRAMS: Meet programs covering all sessions will be available at a nominal cost.

DIRECTIONS: From Baltimore Beltway: I 97 South to RT 50 East, Annapolis, MD
From Washington Beltway (I-95/495): RT 50 East to Annapolis, MD
From the Eastern Shore: RT 301/50 West to Annapolis, MD
From Southern Maryland: RT 2 or RT 301 North to RT 50 East to Annapolis, MD
Exit RT 50 at Exit 24, RT 70 South, Rowe Boulevard. At second light turn left on Taylor Ave, staying in the right lane. Bear right and continue to the light at King George Street and turn right. Follow King George Street until you arrive at Gate 1.

GATE ENTRY: Every civilian visitor to the Academy 16 and older must have a photo ID and be prepared to have his/her bags searched.

PARKING: Vehicles without Department of Defense identification stickers are not allowed to drive onto the Academy grounds. You may use public parking areas near Gate 1 and walk through the visitors' entrance. Or, you can park your vehicle at the

Navy-Marine Corps Memorial Stadium on Rowe Boulevard at a nominal cost and ride the free downtown shuttle bus. More information for the City of Annapolis, including maps and shuttle schedules, can be found on the following link:

<http://www.ci.annapolis.md.us/info.asp?page=3319>

VEHICLE PASSES: Coaches and officials working the meet can apply for vehicle passes by filling out the online form at

<https://spreadsheets0.google.com/spreadsheet/viewform?formkey=dEtJQUVRNTFfYIF2WXJIYjg5b0cwYIE6MA>

The passes will be handed out at the Academy's main gate from 6:30 – 7:30 am on June 4, and after that, at the meet announcer's stand.

Coaches and officials are requested to park in the East parking lock adjacent to Lejeune Hall. To get to this parking lot, drive through Gate 1, proceed pass Lejeune Hall on your left to the traffic circle. Take a left at the circle. The parking lot is approximately one block on your left.

Saturday Morning				
June 4, 2011				
Warm-up: 7:00 AM				
Men's Event #	Slower Than	Session Start Time: 8:00 AM	Slower Than	Woman's Event #
1	2:56.39	12&U 200 back	3:00.19	2
3	36.09	10&U 50 free	36.39	4
5	32.59	11/12 50 free	33.69	6
7	1:21.49	11/12 100 fly	1:22.89	8
9	1:36.49	10&U 100 fly	1:37.89	10
11	43.09	11/12 50 breast	42.09	12
13	48.49	10&U 50 breast	48.29	14
15	1:23.59	11/12 100 back	1:23.29	16
17	1:33.29	10&U 100 back	1:35.29	18
21	3:20.79	12&U 200 Breast	3:23.69	22

Saturday Afternoon				
June 4, 2011				
Men's Event #	Slower Than	Session Start Time: noon	Slower Than	Woman's Event #
19	5:27.09	12&U 400 free	5:32.39	20

Positive check-in for 12&U 400 free: 9:00 am, June 4

Saturday Afternoon				
June 4, 2011				
Men's Event #	Slower Than	Warm-up: 1:15 pm Session Start Time: 2:15 pm	Slower Than	Women's Event #
23	2:35.89	15&O 200 IM	2:47.29	24
25	2:42.39	13/14 200 IM	2:51.49	26
27	1:03.09	15&O 100 free	1:08.59	28
29	1:05.99	13/14 100 free	1:10.39	30
31	2:30.59	15&O 200 fly	2:42.69	32
33	2:38.79	13/14 200 fly	2:48.29	34
35	1:19.69	15&O 100 breast	1:26.69	36
37	1:21.29	13/14 100 breast	1:28.99	38
39	2:31.29	15&O 200 back	2:44.29	40
41	2:40.69	13/14 200 back	2:47.39	42
43	4:50.19	Open 400 free	5:08.89	44

Sunday Morning				
June 5, 2011				
Warm-up: 7:00 AM				
Men's	Slower	Session Start Time: 8:00 AM	Slower Than	Woman's
Event #	Than			Event #
45	2:58.09	11/12 200 IM	2:59.79	46
47	3:18.89	10&U 200 IM	3:19.89	48
49	1:11.39	11/12 100 Free	1:13.49	50
51	1:20.59	10&U 100 Free	1:21.89	52
53	36.19	11/12 50 Fly	36.29	54
55	40.99	10&U 50 Fly	42.09	56
57	1:32.49	11/12 100 Breast	1:33.79	58
59	1:45.99	10&U 100 Breast	1:46.99	60
61	38.69	11/12 50 Back	38.99	62
63	43.89	10&U 50 Back	43.69	64
69	2:58.49	12&U 200 Fly	2:59.29	70

Men's	Slower	Sunday Afternoon	Slower	Women's
Event #	Than	June 5, 2011	Than	Event #
Session Start Time: noon				
65	2:34.89	11/12 200 free	2:37.69	66
67	2:52.39	10&U 200 free	2:58.49	68

Men's Event #	Slower Than	Sunday Afternoon June 5, 2011 Warm-up: 1:00 p.m. Session Start Time: 2:00 p.m.	Slower Than	Woman's Event #
71	5:27.09	Open 400 IM	5:50.59	72
73	28.79	15&O 50 Free	31.79	74
75	30.29	13/14 50 Free	32.49	76
77	1:07.69	15&O100 Fly	1:14.19	78
79	1:11.09	13/14 100 Fly	1:16.49	80
81	2:54.29	15&O 200 Breast	3:05.69	82
83	3:01.99	13/14 200 Breast	3:11.99	84
85	1:10.59	15&O 100 Back	1:16.29	86
87	1:14.49	13/14 100 Back	1:17.79	88
89	2:17.19	15&O 200 Free	2:27.19	90
91	2:23.29	13/14 200 Free	2:31.79	92

Men's Event #	Slower Than	Sunday Afternoon June 5, 2011 Warm-up: 5:25 p.m. Session Start Time: 5:45 p.m.	Slower Than	Woman's Event #
93	NT	Open 800 free	NT	94

Positive check-in for the 800 free: 1:00 pm, June 5