

ANNAPOLIS SWIM CLUB
SENIOR INVITATIONAL MEET
FEBRUARY 4-5, 2012

- HOST** Annapolis Swim Club (“ASC”)
- MEET DIRECTOR/ ENTRY CHAIRPERSON** Ken DeGruchy (kdegruchy@comcast.net)
- SANCTION** Sanctioned by Maryland Swimming, Inc.
Sanction #MD11/12-018 and **#MD11/12-018A for addition of 11-12 200 yard stroke events**
- LOCATION** The Arundel Olympic Swim Center, 2690 Riva Road, Annapolis, Maryland
- FACILITY** The Arundel Olympic Swim Center is a 50 meter indoor facility. The competition course has not been certified in accordance with 104.2.2c(4). The competition pool is a twenty-five yard, eight lane pool, 6 to 13 feet in depth with non-turbulent lane dividers. Colorado automatic timing system, scoreboard, horn/strobe start. Lanes will be available during the meet for warm-up and swim down when appropriate supervision is provided by the swimmer’s coach/club. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
☐ The competition course has not been certified in accordance with USA Swimming Rules Article 104.2.2c(4): *American and United States Open Records – Pool Measurement*
- RULES** The meet will be governed by current USA Swimming Rules. All participants must be registered USA Swimming athletes. Maryland Swimming, Inc. rules shall also apply. No on deck registrations are permitted. Swimmers entering the meet must be registered with MSI by the meet entry deadline date. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete. **NO CAMERAS ARE ALLOWED BEHIND THE STARTING BLOCKS** during the meet. • **Use of any device with the ability to capture audio or visual recording, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**
- ORDER OF EVENTS** The Order of Events is attached to this notice.
- SAFETY DIRECTOR** Mark Mangold (410)802-0057
- REFEREE** Chris Pulley (410) 255-5111
- OFFICIALS** All certified USA Swimming officials wishing to volunteer should contact John Lee via e-mail – johnlee301@comcast.net or at home (301) 855-6976.

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No one will be permitted in the competition area of the pool deck unless they are registered with USA Swimming as an athlete or as a non-athlete member working the meet and is in possession of their USA Swimming card or credentials. The only exception will be for volunteers assisting with the conduct of the meet.

ELIGIBILITY RESTRICTIONS This meet is open to all USA Swimming registered swimmers who meet the qualifying time standards set out in the attached Order of Events

- Age is determined by the swimmer's age on February 4, 2012
- Participants are limited to a maximum of five (5) events per day
- **If any swimmer qualifies for two (2) events, they may swim up to the meet entry limit.**
- **The 1000 Free may not be a bonus swim for 12 and unders**
- The Meet Director reserves the right to limit the entries
- Positive Check-ins: 400 IM - 9:00 AM on Saturday; 1000 Free – 9:00 AM on Saturday; 500 Free 9:00 AM on Sunday
- Swimmers entered in the 500 and 1000 free MUST provide own timer AND counter
- **MD swimmers who have met two of the qualifying times may swim up to the maximum number of events. If due to over subscription then the "bonus" events will be eliminated first.**

ENTRY INFORMATION Entries must be submitted either by email. No other forms of entry will be accepted. All times must be submitted in yard times only. USA Swimming identification numbers must be submitted. Entries without identification numbers will not be accepted.

ENTRY FEES \$6.50 per individual event. Each team is requested to submit one (1) check for the entire team's entries.

ENTRY DEADLINE *All entries must be in the hands of the Meet Entry Chairperson by 5:00 PM, Monday, January 16, 2012.* All entries must be accompanied by the completed Team Summary Sheet and check or money order payable to "ASC". The meet director reserves the right to limit entries based on date and time of receipt by the Meet Entry Chairperson. Clubs whose entries are not accepted due to over-subscription will be notified and their entry fees returned. Entries are not official until the entry check has been collected.

RESULTS Results will be available for downloading from the MD Swimming web site 48 hours after the conclusion of the meet.

PROGRAMS Programs will be available covering all sessions.

FOOD A full range of food, drinks, and swimming apparel will be sold during all sessions.

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DIRECTIONS

From Virginia and South -- Take 495 (Washington Beltway) to Route 50 East. Go East approximately 20 miles to **Route 665 (Aris T. Allen Blvd.)**. **Stay to the right and turn right onto Riva Road**. Go approximately 1 1/2 miles to the **Arundel Olympic Swim Center on the right** (also entrance to Annapolis High School). Pool is on the right.

From New York and North -- Take Route 95 to the Harbor Tunnel. After exiting the tunnel, go approximately 5 miles to Route 97. Take Route 97 south toward Annapolis (approximately 20 miles). Continue on Route 97 to Route 665 (Aris T. Allen Blvd.). Follow directions above from Route 665 above.

LODGING

Radisson Hotel of Annapolis	Hampton Inn and Suites	Days Inn Historic Annapolis
210 Holiday Court	124 Womack Drive	2530 Riva Road
Annapolis, MD 21401	Annapolis, MD 21401	Annapolis, MD 21401
Phone (410) 224-3150	Phone (410) 571-0200	Phone (410) 224-0215



**ANNAPOLIS SWIM CLUB
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DAY 1: Saturday February 4, 2012**

Session 1 –Warm-ups at 6:30 AM, meet starts at 8:00 AM

Women

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
1	28.69	50 Free
3	1:17.59	100 Breast
5	2:13.79	200 Free
7	1:07.79	100 Fly
9	5:17.79	400 IM

Men

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
2	26.29	50 Free
4	1:12.09	100 Breast
6	2:05.29	200 Free
8	1:02.89	100 Fly
10	5:00.49	400 IM

Session 2 -- Warm-ups start-15 Minutes after the last heat of the 400 IM

Women

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
11	35.99	9-10 50 Free
13	31.89	11-12 50 Free
15	1:46.69	9-10 100 Breast
17	1:29.29	11-12 100 Breast
19	42.99	9-10 50 Fly
21	35.09	11-12 50 Fly
23	1:33.99	9-10 100 Back
25	1:21.09	11-12 100 Back
27	1:33.79	9-10 100 IM
29	1:20.09	11-12 100 IM

Men

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
12	35.19	9-10 50 Free
14	30.99	11-12 50 Free
16	1:43.69	9-10 100 Breast
18	1:27.79	11-12 100 Breast
20	41.99	9-10 50 Fly
22	35.19	11-12 50 Fly
24	1:32.09	9-10 100 Back
26	1:19.89	11-12 100 Back
28	1:31.19	9-10 100 IM
30	1:17.59	11-12 100 IM

Session 3 -- Warm-up 4:30 meet starts at 5:30 * Entrants in the 1000 must provide own timer and counter.

Women

31	11:55.89	1000 Free*
33	2:27.29	200 Back
35	2:46.79	200 Breast

Men

32	11:12.19	1000 Free*
34	2:18.19	200 Back
36	2:36.29	200 Breast

DAY 2: Saturday February 5, 2

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Session 4 – Warm-up at 6:30 AM meet starts at 8:00 AM * Entrants in the 500 must provide own timer and counter.

Women

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
37	1:08.49	100 Back
39	2:28.59	200 Fly
41	1:02.19	100 Free
43	2:30.49	200 IM
45	5:52.99	500 Free*

Men

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
38	1:04.19	100 Back
40	2:20.29	200 Fly
42	57.39	100 Free
44	2:20.29	200 IM
46	5:35.19	500 Free*

Session 5 --Warm-up starts 15 minutes after end of 500 Free

Women

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
47	1:21.59	9-10 100 Free
49	1:08.29	11-12 100 Free
51	47.79	9-10 50 Breast
53	40.89	11-12 50 Breast
55	1:42.09	9-10 100 Fly
57	1:13.19	11-12 100 Fly
59	43.49	9-10 50Back
61	36.79	11-12 50 Back
63	3:13.39	9-10 200 IM
65	2:50.69	11-12 200 IM

Men

<u>Event #</u>	<u>Faster Than</u>	<u>Event</u>
48	1:19.99	9-10 100 Free
50	1:07.89	11-12 100 Free
52	47.89	9-10 50 Breast
54	40.79	11-12 50 Breast
56	1:40.39	9-10 100 Fly
58	1:18.69	11-12 100 Fly
60	43.59	9-10 50Back
62	36.49	11-12 50 Back
64	3:18.09	9-10 200 IM
66	2:49.39	11-12 200 IM

67 /68 11-12 200 back
69/70 11-12 200 breast
71/72 11-12 200 Fly

swimmers must provide their own timers. Deck seed only for swimmers already in the meet.

**ANNAPOLIS SWIM CLUB
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TEAM SUMMARY SHEET**

Please complete this form. Attach entry fee check and send form and fees to:

**Ken DeGruchy
8214 Black Diamond Court
Pasadena, MD 21122
kdegruchy@comcast.net
410-802-0027**

Club Name: _____

Club Coach: _____

Contact Number: _____

Contact Email: _____

Total Individual Entries: _____ **x \$6.50=** _____

TOTAL TEAM ENTRY FEES: _____

Entries must be received by January 16, 2012 by 5:00 pm.

PLEASE MAKE CHECKS PAYABLE TO "ASC"