
ALLMD STANDARDS All MD Team Yards**Girls**

| | MD |
|------------|-----------|
| 50 Free | 24.39 |
| 100 Free | 52.39 |
| 200 Free | 1:53.19 |
| 500 Free | 4:59.99 |
| 1000 Free | 10:15.99 |
| 1650 Free | 17:12.89 |
| 100 Back | 58.59 |
| 200 Back | 2:05.99 |
| 100 Breast | 1:06.39 |
| 200 Breast | 2:23.29 |
| 100 Fly | 57.99 |
| 200 Fly | 2:06.39 |
| 200 IM | 2:08.49 |
| 400 IM | 4:29.99 |

Boys

| | MD |
|------------|-----------|
| 50 Free | 21.69 |
| 100 Free | 47.09 |
| 200 Free | 1:43.09 |
| 500 Free | 4:39.59 |
| 1000 Free | 9:39.79 |
| 1650 Free | 16:13.69 |
| 100 Back | 53.09 |
| 200 Back | 1:54.79 |
| 100 Breast | 59.49 |
| 200 Breast | 2:09.79 |
| 100 Fly | 51.89 |
| 200 Fly | 1:54.89 |
| 200 IM | 1:56.29 |
| 400 IM | 4:08.09 |
